

Module description: M.Sc. 'Sports Exercise and Human Performance'

Title of Module		Professional specialization and project design					
Title of Module		Professionelle Spezialisierung und Projektdesign					
Degree Program		Sports, Exercise and Human Performance					
1	Module Number: M7	Status: <input checked="" type="checkbox"/> Mandatory Module <input type="checkbox"/> Elective Module					
2	Frequency: <input type="checkbox"/> every semester <input checked="" type="checkbox"/> every winter semester <input type="checkbox"/> every summer semester	Duration: <input checked="" type="checkbox"/> 1 semester <input type="checkbox"/> 2 semesters	Semester: 3	CP: 15	Workload (h): 450 h		
3	Module Structure:						
	No.	Type	Course	Status (mandatory/elective)	CP	Attendance (h + SWS¹)	Individual Study Time (h)
	1	S	Preparation and Retrospection	<input checked="" type="checkbox"/> m <input type="checkbox"/> e	2	30 (2 SWS)	30
	2		Work Experience	<input checked="" type="checkbox"/> m <input type="checkbox"/> e	11	0	330
	3	Online	'The tens steps of an internship' – E-Learning unit by the Career Service)	<input checked="" type="checkbox"/> m <input type="checkbox"/> e	2		60
4	Content of Module: The two-part seminar will be used for the general preparation and retrospection of the project, that is ideally fulfilled as a scientific internship in an external research institute. The seminars' introduction classes will provide information regarding specifics and requirements of a specializing project, and fundamental questions concerning the writing and development of the resulting internship report are discussed. In principal, the project will be planned, organized and executed individually by the students and in consultation with the receiving institute. The project is supposed to aim for a practical and applied deepening of the learned content during the study program, and is therefore recommended to be performed at e.g., a sport psychological institute in professional sports, an Olympic center or at a national sport academy. The minimum amount of working hours spent is 330h. The internship can be done either during the semester, or during the semester break. Both, the preparation and the retrospection will be accompanied by e-learning workshops provided by the Career Service.						
5	Learning Outcomes: The project is supposed to provide experiences and strains of everyday life within research occupations. The students should transfer theoretical content and knowledge onto the applied level, in order to achieve new skills and competences, which are likewise useful for further studies, projects and work life. In addition to this, the internship will be used to come across potential topics for the master thesis and to network with possible employers for the future.						
6	Options within the Module: None.						
7	Type of Examination: <input checked="" type="checkbox"/> Final Module Examination <input type="checkbox"/> Module Examination <input type="checkbox"/> Course Examinations						
8	Degree-Relevant Examination(s):				Duration or length	Weighting of grade for module grade in %	
	Number and form (e.g. written examination, oral examination); assigned to course no. ² : Written portfolio about the internship						
					10-15 pages	100 %	

	Required Coursework:	
9	Number and form; assigned to course no.:	Duration or length
10	Requirements for Obtaining Credits (CP): The credit points of the module are awarded when the entire module has been completed successfully, i.e. all degree-relevant examinations and all required coursework.	
11	Weighting of Module Grade in Calculation of Final Overall Grade: 15 %	
12	Admission to Module: None.	
13	Attendance: Attendance at the internship position.	
14	This Module is also an Element of the Following Degree Programs: None.	
15	Module Coordinator: Dr. Dennis Dreiskämper	Faculty: FB07
16	Additional Information: -	