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| <b>Title of Module (English):</b> |  | Professional Acting in Elite Sports                         |  |  |  |  |
| <b>Title of Module (German):</b>  |  | Handlungskompetenz im Leistungssport                        |  |  |  |  |
| <b>Degree Programme:</b>          |  | Bachelor of Science "Human Movement in Sports and Exercise" |  |  |  |  |

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| <b>1</b> | <b>Module Number:</b> 3 | <b>Status:</b> <input checked="" type="checkbox"/> Mandatory Module <input type="checkbox"/> Elective Module |  |  |  |  |
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| <b>2</b> | <b>Frequency:</b><br><input checked="" type="checkbox"/> Every semester<br><input type="checkbox"/> Every winter semester<br><input type="checkbox"/> Every summer semester | <b>Duration:</b><br><input type="checkbox"/> 1 semester<br><input checked="" type="checkbox"/> 2 semesters | <b>Semester:</b><br>1-2 | <b>CP:</b><br>11 | <b>Workload (h):</b><br>330 |  |
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| <b>3</b> | <b>Module Structure:</b> |             |   |  |           |   |                                  |
|          | <b>No.</b>               | <b>Type</b> | <b>Course</b>   | <b>Status (mandatory/ elective)</b>                              | <b>CP</b> | <b>Attendance (h + SWS<sup>5</sup>)</b> | <b>Individual Study Time (h)</b> |
|          | 1                        | S           | Fundamental Aspects of Guiding, Controlling, and Evaluating Physical Training in Elite Sport Groups | <input checked="" type="checkbox"/> m <input type="checkbox"/> e | 3         | 30 (2 SWS), Block                       | 60                               |
|          | 2                        | S           | Physical Training in Elite Sports (total of 4 courses)  | <input checked="" type="checkbox"/> m <input type="checkbox"/> e | 8         | 120 (8 SWS)                             | 120                              |

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| <b>4</b> | <b>Content of Module:</b><br>The focus of this module is on imparting practical knowledge in different settings within elite sports. The basic seminar S1 delivers fundamental aspects of guiding, controlling, and evaluating physical training in sport groups in general (elite and health). Therefore, this seminar is also essential for Module 11. The student needs to pass four courses of physical training in elite sports in which concepts of training and interventions are experienced on a practical and reflected basis. Courses may include, but are not limited to, athletic training with young elite athletes, (beach) volleyball training for elite sports, and many others. |
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| <b>5</b> | <b>Learning Outcomes:</b><br>The students are able to plan, develop, and conduct elite sports programmes in the field. They know basis concepts regarding the evaluation and analysis of intervention effects.<br>In all courses, students are encouraged to practically self-act. This enables them to draw on their personal experiences during evaluation, and they have to link these to scientific evaluation methods. Finally, based on their knowledge and experience, they are able to confidently handle different kinds of client. |
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| <b>6</b> | <b>Options within the Module:</b><br>The seminar "Fundamental Aspects of Guiding, Controlling, and Evaluating" is mandatory; attendance of the four courses on "Physical Training in Elite Sports" is also mandatory, but students can choose from a wide range of different courses. |
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| <b>7</b> | <b>Type of Examination:</b><br><input checked="" type="checkbox"/> Final Module Examination <input type="checkbox"/> Module Examination <input type="checkbox"/> Component Examinations |
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| <b>8</b> | <b>Degree-Relevant Examination(s):</b><br>Number and form (e.g. written examination, oral examination); assigned to course no. <sup>6</sup> : | Duration or length | Weighting of grade for module grade in % |
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<sup>5</sup> SWS (Semesterwochenstunden) = hours of instruction per week

<sup>6</sup> Not applicable to final module examination

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|    | Portfolio or group exams in basic seminar S1; integrates aspects of the S2 courses   | 5 pages or 10 min per person | 100%               |
|    |  |                              |                    |
| 9  | <b>Required Coursework:</b><br>Number and form; assigned to course no.:  |                              | Duration or length |
|    | Short and extensive coursework is necessary for the preparation, realization, and post-processing of courses. Short and extensive coursework includes e.g. protocols (approx. 1–2 pages) and written/oral assignments (approx. 10 pages/10–15 minutes), respectively. The type of coursework will be announced at the beginning of the course. Duration and extent of coursework will be oriented towards the underlying workload.                         |                              |                    |
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| 10 | <b>Requirements for Obtaining Credits (CP):</b><br>The credit points of the module are awarded when the all the necessary course has been completed successfully.  |                              |                    |
| 11 | <b>Weighting of Module Grade in Calculation of Final Overall Grade:</b><br>2%  |                              |                    |
| 12 | <b>Admission to Module:</b><br>None  |                              |                    |
| 13 | <b>Attendance:</b><br>In all courses, 100% participation is recommended. In the basic seminar S1, 80% attendance is mandatory because the theoretical reference frame relevant for the whole module (and for Module 11) is conveyed and experienced interactively. In the four courses of physical training in elite sports, 80% attendance is mandatory because practical performance and real-world experience are necessary for continuous improvement. |                              |                    |
| 14 | <b>This Module is also an Element of the Following Degree Programmes:</b><br>--  |                              |                    |
| 15 | <b>Module Coordinator:</b><br>Prof. Dr. E. Eils  | <b>Faculty:</b><br>FB07      |                    |
| 16 | <b>Additional Information:</b><br>--   |                              |                    |