

Title of Module (English):		Lecture module					
Title of Module (German):		Vorlesungsmodul					
Degree Programme:		Bachelor of Science "Human Movement in Sports and Exercise"					

1	Module Number: 2	Status: ☒ Mandatory Module ☐ Elective Module					
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2	Frequency:	☐ Every semester ☒ Every winter semester ☐ Every summer semester	Duration:	☒ 1 semester ☐ 2 semesters	Semester:	1	CP:	13	Workload (h):	390
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3	Module Structure:							
	No.	Type	Course	Status (mandatory/ elective)		CP	Attendance (h + SWS³)	Individual Study Time (h)
	1	L	Sport Institutions and Participation (Social and Psychological Issues)	☒ m	☐ e	2	30 (2 SWS)	30
	2	L	Basics in Sports Medicine	☒ m	☐ e	2	30 (2 SWS)	30
	3	L	Neuromotor Learning and Control	☒ m	☐ e	3	30 (2 SWS)	60
	4	L	Biological Psychology	☒ m	☐ e	4	30 (2 SWS)	90
	5	L	Motor Development over the Lifespan	☒ m	☐ e	2	30 (2 SWS)	30

4	Content of Module: In "Sport Institutions and Participation", students gain an overview of how sports is organized and structured in Germany, Europe, and the world. In "Basics in Sports Medicine", they are provided with the essential concepts necessary to understand the effects of physical exercise on the human organism. The lecture "Neuromotor Learning and Control" conveys basic knowledge about how the central nervous system controls movements and actions. The lecture "Biological Psychology" addresses biological structures underlying human behaviour. In the lecture "Motor Development over the Lifespan", students become familiar with basic concepts regarding how motor skills develop and change as a result of physical activity.
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5	Learning Outcomes: Students acquire basic insights into the topics of the offered classes. In "Sport Institutions and Participation", students become able to identify structures of organized sport in Germany, Europe, and the world and how to work with them. In "Basics in Sports Medicine", they get to know essential concepts necessary to understand the effects of physical exercise on the human organism. In "Neuromotor Learning and Control", students acquire basic knowledge of the neural basis of motor control, e.g. spinal, reflexive and central aspects. In "Biological Psychology", they know biological structures that underlie human behaviour, movements, and actions; and finally, in "Motor Development over the Lifespan", students know concepts regarding the development of motor skills and how they change due to physical activity.
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6	Options within the Module: None
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7	Type of Examination: ☐ Final Module Examination ☐ Module Examination ☒ Component Examinations
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8	Degree-Relevant Examination(s):
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³ SWS (Semesterwochenstunden) = hours of instruction per week

	Number and form (e.g. written examination, oral examination); assigned to course no. ⁴ :	Duration or length	Weighting of grade for module grade in %
	Written Examination for Sport Institutions and Participation (Social and Psychological Issues)	60 min	20%
	Written Examination for Basics in Sports Medicine, Neuromotor Learning and Control, and Motor Development over the Lifespan	120 min	60%
	Written Examination for Biological Psychology	90 min	20%
9	Required Coursework: Number and form; assigned to course no.:		Duration or length
	Reading assignments will be oriented towards the underlying workload in each lecture.		60-120 min
10	Requirements for Obtaining Credits (CP): The credit points of the module are awarded when the entire module, i.e. all degree-relevant examinations and all required coursework, has been completed successfully.		
11	Weighting of Module Grade in Calculation of Final Overall Grade: 10%		
12	Admission to Module: None		
13	Attendance: In all lectures, 80% participation is strongly recommended because extensive knowledge will be conveyed that delivers the basis for the whole module.		
14	This Module is also an Element of the Following Degree Programmes: --		
15	Module Coordinator: Prof. Dr. E. Eils	Faculty: FB07	
16	Additional Information: The lecture Biological Psychology is provided by the Psychology Department and is held in German. For non-German speaking students, equivalent reading assignments are provided in English.		

⁴ Not applicable to final module examination