

Project “AgeWell”

Multimodal physical activity and health education for healthy ageing

Coursework credits for Bachelor and Master students

We are looking for bachelor and master students, who want to participate in research for the AgeWell project.

Background and aim

The Erasmus+ project “AgeWell” starts at the 01.09.2023 and lasts until 21.08.2025. The consortium consists of five partner organisations from Ireland (2), Germany (1), Slovenia (1) and Italy (1).

The Active Ageing Lab team from the University of Münster is responsible for collecting the users’ needs about (digital) physical activity interventions and health interventions with qualitative and quantitative research methods (questionnaires, interviews, workshops).

Qualifications and experience professional co-workers

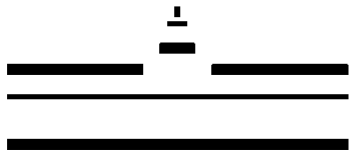
Interests of student co-workers

Interests and/or knowledge and experience in the following areas are desired:

- Target groups with seniors (with and without disabilities),
- Movement and inactivity - tailored recommendations,
- Qualitative and quantitative study design,
- Scientific writing,
- English language skills in writing,
- Ability to work independently.

Your assignment (of course the team will support you!)

- Designing of questionnaires, interviews, and workshops.
- Recruiting older adults for taking part in the study.
- Conducting the study with qualitative and quantitative research methods.
- Analysing the data from the study.
- Generate a report with the results from the study.



Assignments may be configured to match with the following courses

- B.Sc. Human Movement in Sports and Exercise M7 Internship in Sport and Exercise Organizations
- B.Sc. Human Movement in Sports and Exercise M12 Experimental Research Project
- B.Sc. Human Movement in Sports and Exercise M13 Scientific Internship
- B.Sc. Human Movement in Sports and Exercise M15 Bachelor Thesis
- M. Sc. Sports, Exercise and Human Performance M06 Current research project
- M. Sc. Sports, Exercise and Human Performance M07 Professional specialization and project design
- M. Sc. Sports, Exercise and Human Performance M08 Master Module
- B.A. Physical Education Bachelor Thesis
- M. Ed. Physical Education Project Seminar
- M. Ed. Physical Education Master Thesis

What else do you need to know?

You will be working in the department of Movement Science located at Horstmarer Landweg 50 in Münster and from the home office. Starting dates will be individually agreed.

Contact

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Website: [https://www.uni-](https://www.uni-muenster.de/Sportwissenschaft/Bewegungswissenschaft/team/ellen-bentlage.shtml)

[muenster.de/Sportwissenschaft/Bewegungswissenschaft/team/ellen-bentlage.shtml](https://www.uni-muenster.de/Sportwissenschaft/Bewegungswissenschaft/team/ellen-bentlage.shtml)