

Degree Programme	Bachelor of Science 'Human Movement in Sports and Exercise'
Module	Professional Acting in Elite Sports
Module Number	3

1	Basic information
Semester	1.-6. Semester
Credit points (CP)	11
Workload (h) - total	330
Duration of module	2 semesters
Status of module	mandatory Module

2	Profile
Objective of the module/integration into the curriculum	The aim is to apply the theoretical knowledge in practical areas of competitive sport.
Content of Module	The focus of this module is on imparting practical knowledge in different settings within elite sports. The basic seminar S1 delivers fundamental aspects of guiding, controlling, and evaluating physical training in sport groups in general (elite and health). Therefore, this seminar is also essential for Module 11. The student needs to pass four courses of physical training in elite sports in which concepts of training and interventions are experienced on a practical and reflected basis. Courses may include, but are not limited to, athletic training with young elite athletes, (beach) volleyball training for elite sports, and many others.
Learning outcomes	The students are able to plan, develop, and conduct elite sports programmes in the field. They know basic concepts regarding the evaluation and analysis of intervention effects. In all courses, students are encouraged to practically self-act. This enables them to draw on their personal experiences during evaluation, and they have to link these to scientific evaluation methods. Finally, based on their knowledge and experience, they are able to confidently handle different kinds of client.

3 Module Structure						
Components of module						
No.	Course type		Course	Status (mandatory/elective)	Workload (h)	
					Attendance (h)/SWS	Individual study time (h)
1	S		Fundamental Aspects of Guiding, Controlling, and Evaluating Physical Training in Elite Sport Groups	m	30 (2 SWS)	60
2	S		Physical Training in Elite Sports Course 1	m	30 (2 SWS)	30
3	S		Physical Training in Elite Sports Course 2	m	30 (2 SWS)	30
4	S		Physical Training in Elite Sports Course 3	m	30 (2 SWS)	30
5	S		Physical Training in Elite Sports Course 4	m	30 (2 SWS)	30
Options within the Module			The seminar “Fundamental Aspects of Guiding, Controlling, and Evaluating” is mandatory; attendance of the four courses on “Physical Training in Elite Sports” is also mandatory, but students can choose from a wide range of different courses.			

4 Examination concept					
Degree-Relevant Examination(s)					
No.		Type	Duration/Length		Weighting for Module Grade
1		Portfolio or group exams in basic seminar S1; integrates aspects of the S2 courses	5 pages or 10 min per person		100%
Weighting of Module Grade for Final Overall Grade		2%			
Required Coursework					
No.		Type	Duration/Length	course no.	
1		Short and extensive coursework is necessary for the preparation, realization, and post-processing of courses. Short and extensive coursework includes e.g. protocols (approx. 1–2 pages) and written/oral assignments (approx. 10 pages/10–15 minutes), respectively. The type of coursework will be announced at the beginning of the course. Duration and extent of coursework will be oriented towards the underlying workload.		LV No. 1	
2		Short and extensive coursework is necessary for the preparation, realization, and post-processing of courses. Short and extensive coursework includes e.g. protocols (approx. 1–2 pages) and written/oral assignments (approx. 10 pages/10–15 minutes), respectively. The type of coursework will be announced at the beginning of the course. Duration and extent of coursework will be oriented towards the underlying workload.		LV No. 2	
3		Short and extensive coursework is necessary for the preparation, realization, and post-processing of courses.		LV No. 3	

	Short and extensive coursework includes e.g. protocols (approx. 1–2 pages) and written/oral assignments (approx. 10 pages/10–15 minutes), respectively. The type of coursework will be announced at the beginning of the course. Duration and extent of coursework will be oriented towards the underlying workload.			
4	Short and extensive coursework is necessary for the preparation, realization, and post-processing of courses. Short and extensive coursework includes e.g. protocols (approx. 1–2 pages) and written/oral assignments (approx. 10 pages/10–15 minutes), respectively. The type of coursework will be announced at the beginning of the course. Duration and extent of coursework will be oriented towards the underlying workload.		LV No. 4	
5	Short and extensive coursework is necessary for the preparation, realization, and post-processing of courses. Short and extensive coursework includes e.g. protocols (approx. 1–2 pages) and written/oral assignments (approx. 10 pages/10–15 minutes), respectively. The type of coursework will be announced at the beginning of the course. Duration and extent of coursework will be oriented towards the underlying workload.		LV No. 5	

5 Requirements	
Module related participation requirements	none
Credit points	The credit points for the module are awarded if the module has been successfully completed overall, i.e. it has been demonstrated by passing all examinations and coursework that the learning outcomes assigned to the module have been acquired.
Attendance	In all courses, 100% participation is recommended. In the basic seminar S1, 80% attendance is mandatory because the theoretical reference frame relevant for the whole module (and for Module 11) is conveyed and experienced interactively. In the four courses of physical training in elite sports, 80% attendance is mandatory because practical performance and real-world experience are necessary for continuous improvement.

6 CP - Distribution		
Attendance (= time of presentness)	LV No. 1	1 CP
	LV No. 2	1 CP
	LV No. 3	1 CP
	LV No. 4	1 CP
	LV No. 5	1 CP
Degree-Relevant Examination(s)	No. 1	1 CP
Seminar task(s)	LV No. 1	1 CP
	LV No. 2	1 CP
	LV No. 3	1 CP
	LV No. 4	1 CP
	LV No. 5	1 CP
Sum CP		11 CP

7	Module offer
Cycle/Timing	every semester
Module Coordinator	Prof. Dr. Eric Eils
Faculty	FB07

8	Mobility/Recognition
Usability in other study programs	none
Module title	Professional Acting in Elite Sports
English translation of module component of field 3	are in english

9	Additional Information
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