

Appendix: Module descriptions

Degree Programme	Bachelor of Science 'Human Movement in Sports and Exercise'
Module	Basic Module
Module Number	1

1	Basic information
Semester	1
Credit points (CP)	12
Workload (h) - total	360
Duration of module	1 semester
Status of module	mandatory Module

2	Profile
Objective of the module/integration into the curriculum	
The students should get to know the basic theories and areas of application in the field of expertise and health sport, as well as develop basic skills as minimum requirements for the specialist theoretical modules 5-9.	
Content of Module	
In Seminars 1 and 2, students get to know the basic theories, concepts, models, and methodological aspects of health and expertise studies. In Seminars 3 to 4, they develop the basic soft skills in working groups, such as communication skills, self- and time management, writing and presenting skills.	
Learning outcomes	
The students know the theoretical content and basic methodological approach of current health and expertise studies. They are able to give a scientific talk and to write short scientific texts. They acquire expertise in media, communication, cooperation, team building processes, and presentation techniques. The students are familiar with and able to apply the basic theories in this field to various sport settings. They are capable of looking into, reflecting on, and transferring their knowledge to new scientific areas autonomously.	

3 Module Structure						
Components of module						
No.	Type		Course	Status (mandatory/elective)	Workload (h)	
					Attendance (h)/SWS	Individual study time (h)
1	S		Health Studies	m	30	60
2	S		Expertise Studies	m	30	60
3	S		Communication, Cooperation, and Leadership in Groups	m	30	60
4	S		Writing and Presenting Skills	m	30	60
Options within the Module			none			

4		Examination concept			
Degree-Relevant Examination(s)					
No.		Type	Duration/ Length	course no.	Weighting for Module Grade
1		Final Module Examination	120 min.		100%
Weighting of Module Grade for Final Overall Grade			6%		
Required Coursework					
No.		Type	Duration/ Length	course no.	
1		Short and extensive coursework is required for preparation, realization and post-processing. Short and extensive coursework includes e.g. protocols (1-2 pages) and written/oral assignments (approx. 10 pages/10-15 minutes). The type of assignments will be announced at the beginning of the seminar. The duration and extent of the assignments will depend on the content of the seminar.		no. 1	
2		Short and extensive coursework is required for preparation, realization and post-processing. Short and extensive coursework includes e.g. protocols (1-2 pages) and written/oral assignments (approx. 10 pages/10-15 minutes). The type of assignments will be announced at the beginning of the seminar. The duration and extent of the assignments will depend on the content of the seminar.		no. 2	
3		Short and extensive coursework is required for preparation, realization and post-processing. Short and extensive coursework includes e.g. protocols (1-2 pages) and written/oral assignments (approx. 10 pages/10-15 minutes). The type of assignments will be announced at the beginning of the seminar. The duration and extent of the assignments will depend on the content of the seminar.		no. 3	
4		Short and extensive coursework is required for preparation, realization and post-processing. Short and extensive coursework includes e.g. protocols (1-2 pages) and written/oral assignments (approx. 10 pages/10-15 minutes). The type of assignments will be announced at the beginning of the seminar. The duration and extent of the assignments will depend on the content of the seminar.		no. 4	