

Degree Programme	Bachelor of Science 'Human Movement in Sports and Exercise'
Module	Supervision und Coaching
Module Number	14

1	Basic information	
Semester	6. semester	
Credit points (CP)	9	
Workload (h) - total	270	
Duration of module	1 Semester	
Status of module	mandatory Module	

2	Profile
Objective of the module/integration into the curriculum	
The aim of the module is an intensive self-reflection on one's own studies and an examination of future possibilities in the field of research.	
Content of Module	
The one-week intensive course “Coaching and Supervision in Scientific and Personal Skills” focuses on self-management, self-reflection, and the social and scientific skills needed to successfully complete a Bachelor thesis. Training is also given in the necessary competencies for pursuing a professional work life. Employability courses are designed to enable students to find own coping strategies and practical solutions to professional problems. Seminars support the students’ orientation process. The two employability seminars are composed of a seminar offered by the career service (1 SWS) plus an additional workshop at the Institute (1 SWS). Occasionally, the Career Service offers some seminars in English. When acting as a research subject, students have to coordinate their own schedule and to reflect on their experience in the seminar “Coaching and Supervision in Scientific and Personal Skills”.	
Learning outcomes	
The contents of the seminars qualify students to analyse the labour market, build up and use social networks, and develop their own profile. These skills form the basis for a professional job application. Additionally, self-management and the ability to reflect on one’s own acting are improved for both working life and subsequent Master studies. Acting as a research subject allows the students to gain self-experience as test subjects as well as experience regarding the duties of an empirical investigator. The organization of fixed dates also gives training in self-management.	

3 Module Structure						
Components of module						
No.	Course Type		Course	Status (mandatory/elective)	Workload (h)	
					Attendance (h)/SWS	Individual study time (h)
1	S		Coaching and Supervision in Scientific and Personal Skills	m	60 (4 SWS)	90
2	S		Employability I – nach Angebot des Career Service	m	15 (1 SWS)	15
3	S		Employability II – Workshop	m	15 (1 SWS)	30
4	S		Versuchspersonenstunden	m	-	45
Options within the Module			none			

4 Examination concept					
Degree-Relevant Examination(s)					
No.		Type	Duration/ Length	course no.	Weighting for Module Grade
1		Reflective paper on the course “Coaching and Supervision in Scientific and Personal Skills”	10 pages		100%
Weighting of Module Grade for Final Overall Grade			2%		
Required Coursework					
No.		Type	Duration/ Length	course no.	
1		Short and extensive coursework is necessary for the preparation, realization, and post-processing of courses. Short and extensive coursework include e.g. protocols (approx. 1–2 pages) and written/oral assignments (approx. 10 pages/10–15 minutes), respectively. The type of coursework will be announced at the beginning of the course. Duration and extent of coursework will be oriented towards the underlying workload.		LV No. 1	
2		Essay (in consultation with the Career Service)		LV No. 2	
3		Essay		LV No. 3	

5 Requirements	
Module related participation requirements	Successful completion of Modules M1–13 is recommended.
Credit points	The credit points for the module are awarded if the module has been successfully completed overall, i.e. it has been demonstrated by passing all examinations and coursework that the learning outcomes assigned to the module have been acquired.
Attendance	100% attendance is recommended in all seminars. The ability to self-reflect is developed through the accompanying feedback and group dynamic processes within the seminars, therefore 80% attendance is mandatory. Anyone who exceeds the number of permitted absences will forfeit their examination entitlement.

6	CP - Distribution	
Attendance (= time of presentness)	LV No 1	2 CP
	LV No 2	0,5 CP
	LV No .3	0,5 CP
Degree-Relevant Examination(s)	No. 1	1 CP
Required Coursework	No. 1	2 CP
	No. 2	0,5 CP
	No. 3	1 CP
	No. 4	1,5 CP
Sum CP		9 CP

7	Module offer	
Cycle/Timing	every Semester	
Module Coordinator	Dr. Christiane Bohn	
Faculty	FB07	

8	Mobility/Recognition	
Usability in other study programs	none	
Module title	Supervision and Coaching	
English Translation of module component of field 3	are in english	

9	Additional Information	
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