



FISU
WORLD
UNIVERSITY
GAMES
SUMMER

RHINE-RUHR 2025 FISU WORLD UNIVERSITY GAMES

**2025 FISU WORLD CONFERENCE
17- 19 JULY 2025**

ORAL PRESENTATION

ONE OF THE BIGGEST MULTI-SPORT EVENTS WORLDWIDE



FISU
WORLD
UNIVERSITY
GAMES
SUMMER

GAMES TIME

**16 – 27 JULY
2025**

CITIES

6

**BOCHUM
DUISBURG
ESSEN
MÜLHEIM A.D.I.
HAGEN
BERLIN**

COMPETITION DAYS

12

18

SPORTS



3

-DAY

**ACADEMIC
CONFERENCE**
WITH PARTICIPANTS FROM
OVER **40** COUNTRIES



ABOUT

8.500

ATHLETES & OFFICIALS FROM
AROUND **150** COUNTRIES



12.000

**VOLUNTEERS
EXPECTED**



RHINE-RUHR 2025 FISU WORLD UNIVERSITY GAMES

ABOUT THE EVENT - GENERAL INFORMATION

From 16 to 27 July 2025, the Rhine-Ruhr region, together with Berlin, will host one of the largest sporting events in the world: over 8,500 student athletes and officials from up to 150 countries will come together for the Rhine-Ruhr 2025 FISU World University Games Summer. Medals will be contested in 18 sports, with the cities of Bochum, Duisburg, Essen and Mülheim an der Ruhr as well as Hagen and Berlin being the main players.

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However, there will be a lot more to see and experience in addition to top-class sport. This is because it is a sporting event with a festival character that appeals to a wide audience through an extensive artistic, cultural and educational supporting programme. "Everyone is all in": Twelve great days in summer 2025 - there really is something for everyone.

Rhine-Ruhr 2025 FISU Games gGmbH is based in Düsseldorf and is responsible for the planning and implementation of the Rhine-Ruhr 2025 FISU World University Games Summer. The organising committee was founded in May 2021 and is headed by CEO Niklas Börger. The company now has almost 300 employees.

The team of the Rhine-Ruhr 2025 FISU World University Games Organising Committee has a special goal: the successful planning, organisation and implementation of the 32nd edition of the FISU World University Games Summer, one of the largest multi-sport events in the world in 2025.

BOCHUM

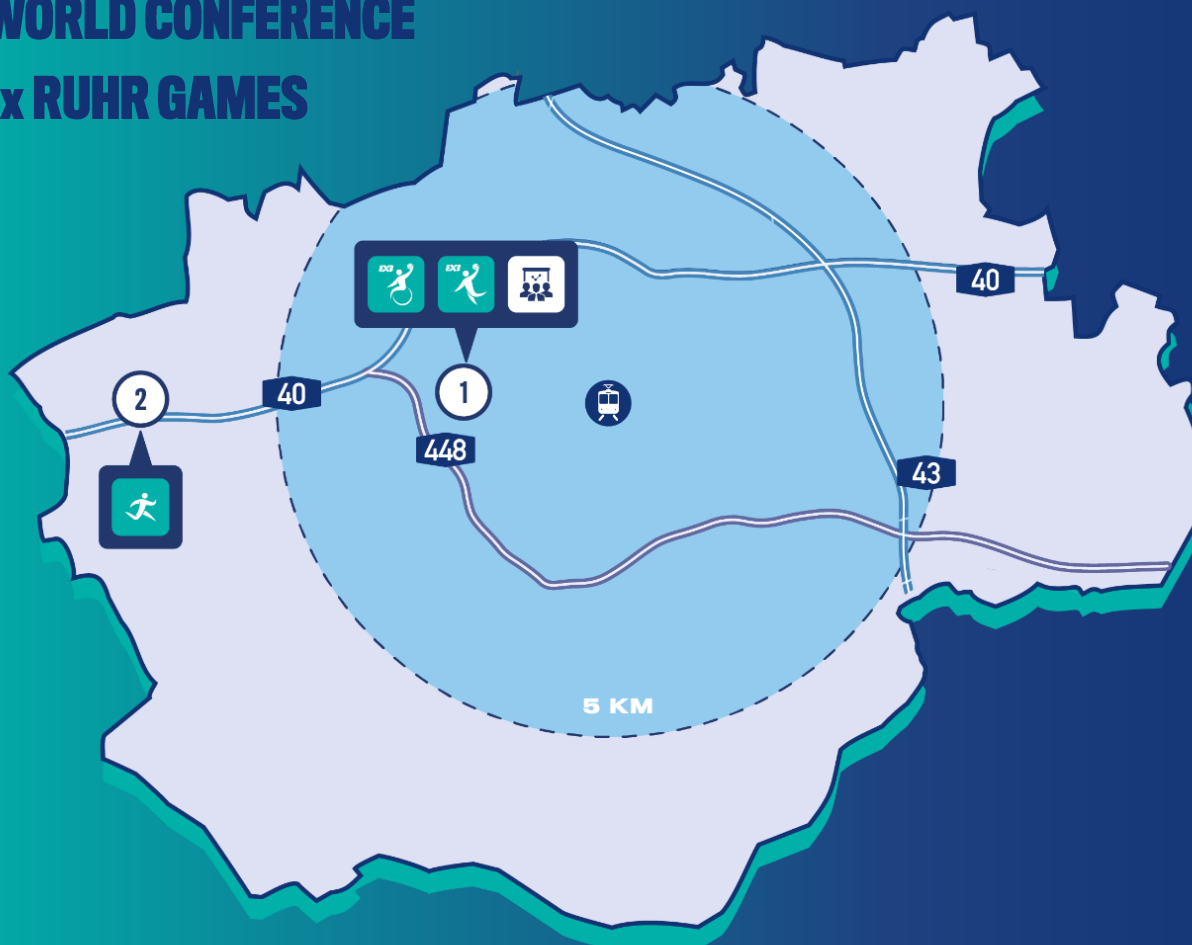


FISU
WORLD
UNIVERSITY
GAMES
SUMMER

2 SPORTS

- **2 COMPETITION VENUES**
- **2 TRAINING VENUES**
- **1.473 ATHLETes**
- **483 DELEGATION MEMBERS**

FISU WORLD CONFERENCE
RR25 x RUHR GAMES



THE ACADEMIC HIGHLIGHT OF THE FISU WORLD UNIVERSITY GAMES



400 PARTICIPANTS

FROM THE DISCIPLINES OF SPORTS SCIENCE,
SPORTS MEDICINE, PSYCHOLOGY & SUSTAINABILITY



**JAHRHUNDERTHALLE,
CITY OF BOCHUM**

17-19 JULI 2025
ACADEMIC CONFERENCE



**5 KEYNOTE
SPEAKERS**



**40 NATIONS
REPRESENTED** APPROX.



EMBEDDED
IN THE INTERACTIVE RUHR GAMES
CULTURAL PROGRAMME



4 WORKSHOPS
ON SUSTAINABILITY
& MENTAL HEALTH



**FISU
WORLD
UNIVERSITY
GAMES
SUMMER**

RHINE-RUHR 2025 FISU WORLD CONFERENCE



WORLD
CONFERENCE

RHINE-RUHR 2025

The FISU World Conference, whose origins date back to the 1950s, is the academic highlight of the Rhine-Ruhr 2025 FISU World University Games. From 17 to 19 July 2025, the three-day conference hosting around 400 participants from over 40 nations will take place in Jahrhunderthalle Bochum - a symbolic location that promotes international exchange and interdisciplinary encounters.

Under the theme **‘Competing for change: exploring sustainability and (mental) health through sports’**, scientists, researchers and students from all over the world will address current issues at the crossroads of mental health, ecological sustainability and sporting performance. The programme is divided into four central sub-themes:

- I. Mental health and performance under pressure among athletes
- II. Balancing acts: work-life-balance and resilience among high-performance coaches, referees and the entourage
- III. Ecological sustainability on campus
- IV. Health and well-being in sports and physical activity

The conference considers itself an interdisciplinary platform for scientific exchange and discourse. It hosts keynote speeches, workshops and specialist presentations, which are supplemented by interactive live formats and panel discussions. This ensures that the topics covered are not only theoretically sound, but also practical and relevant to everyday life.

A special feature of the conference is its close proximity to sporting competitions taking place on the site at the same time - including 3x3 basketball and 3x3 wheelchair basketball. The event will also be enriched by a Ruhr Games 2025 supporting programme that is open to the public. This includes workshops and concerts as well as sports and cultural events that create a vibrant atmosphere and promote dialogue between sport, science and society.

The main moderator will be Domitila Barros, supported by a student co-moderator, who will add a young, participatory perspective to the conference.

The 2025 FISU World Conference pursues an inclusive concept: barrier-free access and free childcare will enable the broadest possible target group to participate. The concept of sustainability not only shapes the key content, but also the organisation and implementation of the conference, ensuring that the theme is consistently implemented at all levels.



Gefördert durch:



aufgrund eines Beschlusses
des Deutschen Bundestages



SPORTLAND.NRW

OVERALL TIMETABLE

2025 FISU WORLD CONFERENCE
17-19 JULY 2025
JAHRHUNDERTHALLE BOCHUM

DATE	PROGRAMME	TIME
17 July	Opening Ceremony (Turbinenhalle)	10:00-11:00
17 July	Keynote I Rosemary Purcell (Turbinenhalle)	11:00-11:45
17 July	Keynote II Willem van Mechelen (Turbinenhalle)	11:45-12:30
17 July	Parallel Session I Oral Presentations (Turbinenhalle, Dampfgebläsehaus, Wasserturm stage)	13:45-15:00
17 July	Parallel Session II Oral Presentations & Workshop by Kim Bui (Turbinenhalle, Dampfgebläsehaus, Wasserturm stage)	15:15-16:30
17 July	Panel Discussion „Meet the Stars“ tbd (Wasserturm stage)	17:00-18:15

OVERALL TIMETABLE

2025 FISU WORLD CONFERENCE
17-19 JULY 2025
JAHRHUNDERTHALLE BOCHUM

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DATE	PROGRAMME	TIME
18 July	Parallel Session III Oral Presentations (Turbinenhalle, Dampfgebläsehaus, Wasserturm stage)	09:00-10:15
18 July	Parallel Session IV Oral Presentations, Poster Session & Workshop by Esther Akihary van Nobelen (Turbinenhalle, Dampfgebläsehaus, Pumpenhaus, Hall 1)	10:30-11:45
18 July	Keynote III Andreas Löschel (Turbinenhalle)	12:00-12:45
18 July	Special Format tbd (Turbinenhalle)	14:00-14:45
18 July	Parallel Session V Oral Presentations (Turbinenhalle, Dampfgebläsehaus, Wasserturm stage)	15:00-16:15
18 July	Parallel Session VI Oral Presentations and Workshop by adh (Turbinenhalle, Dampfgebläsehaus, Pumpenhaus)	16:30-17:45
18 July	Conference Dinner (Turbinenhalle)	19:30-22:30

OVERALL TIMETABLE

2025 FISU WORLD CONFERENCE
17-19 JULY 2025
JAHRHUNDERTHALLE BOCHUM

DATE	PROGRAMME	TIME
19 July	Parallel Session VII Oral Presentations (Turbinenhalle, Dampfgebläsehaus und Wasserturm stage)	09:00-10:15
19 July	Parallel Session VIII Oral Presentations & Workshop durch ICSSPE (Turbinenhalle, Dampfgebläsehaus, Pumpenhaus)	10:30-11:45
19 July	Keynote IV Christine Nash (Turbinenhalle)	12:00-12:45
19 July	Keynote V Carolina Lundqvist (Turbinenhalle)	14:00-14:45
19 July	Panel Discussion „Meet the Experts“ tbd (Turbinenhalle)	14:45-15:30
19 July	Closing Ceremony (Turbinenhalle)	15:30-16:30

CONFERENCE DINNER

The Conference Dinner will take place on **Friday, 18 July 2025, from 19:30 to 22:30**, as part of the official evening programme of the FISU World Conference. This exclusive event is reserved for conference participants holding an A1 ticket and invited guests.

The dinner aims to promote informal exchange and networking in a relaxed atmosphere, to create space for interdisciplinary dialogue and to bring the cultural identity and diversity of the Ruhr region to life. The event takes place in the atmospheric **Turbinenhalle** and combines gala and standing tables to support open dialogue formats.

The programme includes a reception with a welcome by the student co-moderator as well as words of welcome from the Lord Mayor of Bochum, **Thomas Eiskirch**, and from **Ms Bergerhoff-Wodopia**, Member of the Board of the RAG-Foundation. Afterwards, a starter will be served at the table, followed by a buffet with vegetarian, regional specialities. Live music accompanies the dinner and creates an open, communicative atmosphere. A dessert buffet, a cultural show act and a DJ set will complete the evening and create a relaxed atmosphere for informal socialising.

The evening offers a formal setting for personal encounters, new contacts and an atmospheric insight into the culture and history of the Rhine-Ruhr region.

19:30-19:50	Official programme start welcome address by Thomas Eichkirch (Lord Mayer of the City of Bochum) and Ms. Bergerhoff-Wodopia (Board Member of the RAG-Foundation)
19:50-20:30	Starter served at the table
20:30-21:30	Main course (buffet) & live music
21:30-22:30	Dessert (buffet) & DJ set

TOPIC INTRODUCTION



WORLD
CONFERENCE

RHINE-RUHR 2025

The 2025 FISU World Conference is organised under the theme **“Competing for change: exploring sustainability and (mental) health through sports”** and is the academic highlight of the Rhine-Ruhr 2025 FISU World University Games. Four interdisciplinary sub-themes will form the core of the event:

(1) Mental health and performance under pressure among athletes

Athletes are exposed to high psychological and physical pressure, which often leads to mental stress. This sub-theme is dedicated to phenomena such as the “post-Olympic blues” or “choking under pressure” and highlights approaches to integrating psychotherapeutic support into the training routine. In addition, the challenge of the dual career in sport and academia will also be addressed.

(2) Balancing acts: work-life balance and resilience among high-performance coaches, referees and the entourage

The mental health of key actors in the sporting environment often remains unaddressed. This sub-theme focuses on the particular challenges faced by coaches, referees and support staff. Gender-specific aspects and structural inequalities are also taken into account. The aim is to promote resilient structures and support networks within sport organisations.

(3) Ecological sustainability on campus

In the context of the global environmental changes, universities are seen as drivers of sustainable transformation. The sub-theme focuses on sustainable infrastructure measures, educational initiatives (e.g. the FISU Healthy Campus Programme) and the psychological effects of ecological crises on students, such as ‘eco-anxiety’ or ‘eco-grief’. The aim is to promote resilient and ecologically conscious university communities.

(4) Health and well-being in sports and physical activity

The focus of this sub-theme is the long-term promotion of physical health through sport. Aspects such as cycle-oriented training management for female athletes (‘Cycle of Power’), injury prevention and sustainable performance development - particularly in team sports - are addressed. In addition, the sustainable development of physical skills is examined from a training science perspective.

ORAL PRESENTATION

Procedure for the parallel sessions

Each parallel session will be jointly moderated by a representative of the FISU Education Committee or a member of the Academic Board.

Sessions will run for a total of 75 minutes and feature four oral presentations. Each presentation is scheduled 15 minutes, consisting of 12 minutes for the presentation and 3 minutes for a brief Q&A with the audience. Following the presentations, a 15-minute moderated group discussion with all four speakers will provide space for broader exchange and reflection.

Please refer to the attached document for your individual time slot assignment. We kindly ask you to be at the venue **15 minutes before the start of your parallel session**.

Conference language

The conference language is English. Therefore, both the oral presentations and the presentation slides must be in English.

Venues of the parallel sessions

A total of 20 parallel sessions will take place during the 2025 FISU World Conference. These sessions will be held in the following venues:

- Turbinenhalle
- Dampfgebläsehaus
- Wasserturm stage

To give you a better impression of each location, the following slides provide images and brief descriptions of the respective spaces.

Attendance on the day of your presentation

All participants hold a valid ticket for the entire duration of the conference, so there will be no formal check-in procedure. However, we kindly ask all presenters to report to the Pumpenhaus on the day of their presentation — ideally at the beginning of the day, or at least two hours before their scheduled time slot. This helps us ensure that everything runs smoothly.

If you already know in advance that you will not be able to attend your assigned time slot, please inform us as early as possible so that we can arrange for a substitute. In such cases, please contact us via email at conference@rhineruhr2025.com.

ORAL PRESENTATION

Technical equipment

All conference venues are equipped with comprehensive standard technical facilities to support high-quality presentations. This includes a presentation laptop, beamer/projector, screen, and microphone.

Presenters are kindly asked to bring their presentation slides on a USB stick. Regardless of whether you use the on-site laptop or your own device, you are responsible for ensuring that your files function properly — particularly with regard to formatting, embedded videos, and audio elements.

In general, we recommend using the laptop provided at the venue to ensure a smooth process. However, if you prefer to present from your own laptop, this is also possible.

Information on final paper submission

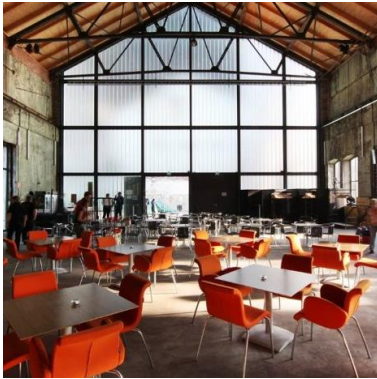
The final version of your paper must be submitted by **23 June** via the following link [Participation Form](#)

All accepted abstracts will be included in the digital programme booklet of the conference. Please note that, at this stage, we cannot guarantee that the final papers will be published after the conference.

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VENUES

TURBINENHALLE



Capacity: 400 seats

Programme elements: Opening Ceremony, Closing Ceremony, Keynote Lectures, Parallel Sessions (abstract and project presentations), panel discussion “Meet the Experts”, Special Format, Conference Dinner

Equipment: 1 speaker’s podium, 1 monitor

DAMPFGEBLÄSEHAUS

14



Capacity: 100 seats

Programme elements: Parallel Sessions (abstract and project presentations)

Equipment: 1 speaker’s podium, 1 monitor

WASSERTURM



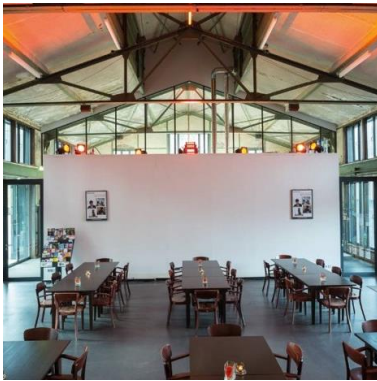
Capacity: 100 seats

Formats: Parallel Sessions (abstract and project presentations), panel discussion “Meet the Stars”

Equipment: 1 speaker's podium, 1 LED Screen

VENUES

PUMPENHAUS



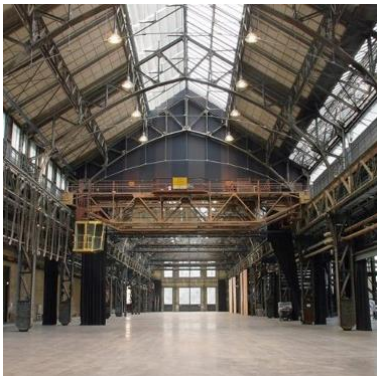
Capacity: 80 seats

Programme elements: Workshops, WCO Lounge (permanently open during the conference for coffee breaks)

Equipment: 1 speaker's podium, 1 screen & projector

HALL 1

15



Hall 1 of the Jahrhunderthalle serves as the location for the **poster session** and is located in a publicly accessible area.

In addition to the scientific posters, there are also **partner booths and information areas** set up to encourage exchange and networking.

HOW TO GET THERE

Address

Jahrhunderthalle
An der Jahrhunderthalle 1
D-44793 Bochum

Important Notice Regarding Travel:

Please prioritise **sustainable travel options** wherever possible. All participants and guests of the 2025 FISU World Conference will receive a free public transport ticket as part of their conference ticket.

Travel by Public Transport

The Jahrhunderthalle is easily accessible by public transport from Bochum's city centre. Bochum itself is well connected by train and bus to all major transport hubs in the region.

From Bochum Central Station ("Hauptbahnhof"), take tram line 302 towards Gelsenkirchen-Buer or line 310 towards Bochum-Höntrop. Alight at the stop **„Bochumer Verein / Jahrhunderthalle“**. From there, it is just a two-minute walk to the venue.

Travel by Car / Electric Vehicle

Please take the exit from the A40 motorway and follow the signs to Jahrhunderthalle Bochum. Parking is available at the **Westpark/Jahrhunderthalle car park**.

Designated parking spaces for people with disabilities are available both directly at the Jahrhunderthalle and within the car park.

For electric vehicles, there are several Type 2 AC charging stations near the venue. Please note that parking and charging can only be paid by card and not in cash.

ACCOMMODATION

For all conference participants attending the event on site, there are various accommodation options available in the immediate vicinity of the Jahrhunderthalle and in Bochum. Hotels are within walking distance of both the Jahrhunderthalle and the city centre.

HOTELS IN THE SURROUNDING AREA

**Holiday Inn Express Bochum**

Viktoriastraße 14B, 44787 Bochum

**B&B Hotel Bochum City**

Alleestraße 30-32, 44793 Bochum

**Mercure Hotel Bochum City**

Massenbergstraße 19 21, 44787 Bochum

Please note:

Accommodation must be booked independently by participants directly with the respective hotel. Bookings through the Organising Committee are not available.

CONTACT

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