# Curriculum Vitae

Personal Data

Name Dr. Fanny Alexandra Dietel   
Date / Place of Birth 29/11/1989 in Leipzig, Germany

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Languages German, English, French, Russian

Personal Statement

My current research interests focus on the cognitive-behavioral and neurophysiological underpinnings of mental disorders, with an emphasis on body dysmorphic disorder (BDD), eating disorders (ED) and obsessive-compulsive disorder (OCD). In this regard, I have conducted studies on the assessment and modification of aberrant cognitive processing in BDD, ED, OCD, and transdiagnostic risk factors, such as stress. My future research goals include multifaceted studies on the efficacy of novel intervention options in mental disorders, such as web- and app-based approaches.

Academic Career

*Since 03/2020* Postdoctoral Clinical Research Assistant   
University of Muenster, Germany  
Projects: Novel Judgment Bias Task for Body Dissatisfaction, App-based Emotion Regulation Training for High Stress, Modularized Web-based CBT Interventions for Body Dysmorphic Disorder, Insight and Ecological Momentary Assessment in Body Dysmorphic Disoder

02/2020 Graduated with “summa cum laude” in Clinical Psychology at the University of Muenster (Dr. rer. nat. / PhD)

06/2017–07/2017 Visiting Research Assistant  
OCD and Related Disorders Program, Massachusetts General Hospital, Boston, MA, USA  
Advisor: Professor Sabine Wilhelm, PhD

04/2014-02/2020 Predoctoral Research Assistant and Doctoral Studies (Dr. rer. nat. / PhD)  
University of Muenster, Germany

Dissertation Project: Interpretation Bias and its Modification in Body Dissatisfaction and Body Dysmorphic Disorder   
Advisors: Professor Ulrike Buhlmann, PhD / Professor Sabine Wilhelm, PhD

01/2014 Graduated with “Very Good” in Clinical Psychology   
Humboldt-Universität zu Berlin, Germany

Master’s Project: “Breaking through the 'social mirror'?! - Modulation of Speech Performance and Stress Response in subclinical Body Dysmorphic Disorder following a single-session Attention Bias Modification Paradigm”

Advisor: Ulrike Buhlmann, PhD / Andrea Ertle, PhD

03/2013–06/2013 Research Intern  
Max Planck Institute for Human Cognitive and Brain Sciences, Berlin, Germany

Advisor: Professor Tania Singer, PhD

09/2011–07/2012 Academic studies abroad (ERASMUS Program funded by the EU)   
Université de Genève, Geneva, Switzerland

02/2010 – 10/2010 Student Research Assistant  
Vision and Motor System Group, Clinic for Neurology at Charité , Berlin

2008–2014 Enrolled in Bachelor and Master studies in Psychology   
Humboldt-Universität zu Berlin, Germany

Grants, Scholarships and Awards

05/2019 Travel grant, Equal Opportunities Fund (University of Muenster), to attend the 9th World Congress of Behavioral and Cognitive Therapies in Berlin

07/2018 Travel grant, IP@WWU, funded by the DAAD and BMBF, to attend the 25th Annual OCD Conference in Washington D.C.

04/2018 Travel grant, Equal Opportunities Fund (University of Muenster), to attend the 37th Symposium of the Division of Clinical Psychology and Psychotherapy of the DGPs in Landau

06 – 07/2017 IP@WWU Research Travel Grant, funded by the DAAD and BMBF, to conduct the research stay at the OCD and Related Disorders Program of the Masachusetts General Hospital in Boston

05/2017 Travel grant, Equal Opportunities Fund (University of Muenster), to attend the 36th Symposium of the Division of Clinical Psychology and Psychotherapy of the DGPs in Chemnitz

08/2016 Travel grant, Equal Opportunities Fund (University of Muenster), to attend the 46th European Association of Behavioural and Cognitive Therapies Congress in Stockholm

04/2015 Travel grant, Equal Opportunities Fund (University of Muenster), to attend the 1st conference of the BDD Foundation in London

2011 ERASMUS scholarship to study at the Université de Genève in Geneva, Switzerland

Teaching Experience and Supervision

*Since 04/2014* Regular Teaching Instructor at the University of Muenster  
Courses: Basic principles of Clinical Psychology (Bachelor's program), Basic clinical competencies using the example of obsessive-compulsive spectrum disorders (Bachelor's program), Neurocognitive disorders (Master 's program), Intervention methods in clinical practice (Master's program)

*Since 04/2014* Supervision and evaluation of  
20 Master theses  
26 Bachelor theses

*Since 12/2016* Elected full member and ethics proposal evaluator of the Ethics Committee (Psychology and Sports Sciences) of the University of Muenster

Clinical Qualifications

*Since 01/2015* Psychotherapist in training (CBT)  
Institute for Psychological Psychotherapy Training (IPP), University of Muenster

*Since 01/2015* Psychotherapist (Outpatient Clinic)   
Psychotherapy Outpatient Clinic of the University of Muenster, Muenster, Germany

11/2018–12/2019 Psychotherapist (Inpatient Clinic)  
AMEOS Clinic Osnabrueck, Osnabrueck, Germany

07/2012–10/2012 Clinical Intern

Clinic for Affective Disorders and General Psychiatry

Psychiatric University Hospital Zurich, Zurich, Switzerland

05/2011–01/2015 Voluntary Online Counselor   
"jugendnotmail" e. V., Berlin

Memberships and Ad-Hoc Peer Review

Memberships German Society of Psychology (DGPs)

Association for Cognitive and Behavioral Therapies (ABCT)

International OCD Foundation (IOCDF)

Association for Cognitive Bias Modification (ACBM)

Peer Review Activities Appetite

Cognitive Therapy and Research

Body Image

Clinical Psychology in Europe

BMC Psychiatry

Journal for Religion and Health

Journal of Psychiatric and Mental Health Nursing