

## Experimental

### System CE

- Capillary Electrophoresis Beckman PA 800 *enhanced* (AB Sciex, Germany, Darmstadt) equipped with PDA-Detector (200-400 nm)
- Uncoated fused-silica capillary; 60/70 cm,  $\varnothing$  50  $\mu$ m
- Prior to injection:
  1. washing step, NaOH 0.25 mol/L (2 min) and
  2. equilibration step, separation buffer (2 min)
- separation buffer: 100 mM Na<sub>2</sub>B<sub>4</sub>O<sub>7</sub> (pH ca. 8.8) + 1.0 %  $\beta$ -cyclodextrin
- temperature: 20 °C, Voltage: 30 kV (approx. 100  $\mu$ A)
- Injection at anodic side for 20 s (hydrodynamic mode, 0.5 psi)
- Detection at  $\lambda$  = 225 nm on the cathode side (10 cm before the capillary end)

### System UPLC

- Acquity UPLC<sup>®</sup> HClass (Waters), PDA e $\lambda$  detector [ $\lambda$  200 - 400 nm], QDa detector [ESI+, ESI-, single quadrupole, 100 - 800 Da], quaternary solvent manager, sample manager FTN (Inj.-Vol.: 1  $\mu$ L), column manager (40°C)
- Mobile Phase: A: H<sub>2</sub>O + 0.1% HCOOH, B: CH<sub>3</sub>CN + 0.1% HCOOH
- Gradient elution:  
time[min]/%A:%B: 0/99:1, 2/99:1, 10/50:50, 12/0:100, 13/0:100, 13.1/99:1, 15/99:1
- Flow rate: 0.5 mL/min
- Stationary phase: Waters Acquity UPLC<sup>®</sup> HSS-T3, 2.1 $\times$ 100mm, 1.8  $\mu$ m
- Detection PDA,  $\lambda$  200 – 400 nm, evaluation at  $\lambda$  = 225 nm
- Detection QDa: neg. mode, selected *m/z* values

### Sample preparation A (hot water extraction)

The contents of 1 or 2 capsules are accurately weighed into a 100 mL iodine-count flask, 30 mL of boiling water is added and heated for 30 min in a boiling water bath (shaking occasionally). After the addition of 20 mL of water at room temperature, 2.00 mL of I.S. solution<sup>1</sup> is added, mixed well and extracted for another 5 min in an ultrasonic bath. The solution is filtered through a membrane filter (0.45  $\mu$ m) into a sample vial<sup>2</sup>. For qualitative UPLC analysis 1 mL of the filtrate is used, for quantitative CE analysis 100  $\mu$ L of the filtrate is mixed with 100  $\mu$ L CE separation buffer<sup>3</sup>

### Sample preparation B (cold water extraction – “fermentation” conditions)

The contents of 1 or 2 capsules are accurately weighed into a 100 mL iodine-count flask, 30 mL of water is added and incubated for 30 minutes at 38°C in a drying oven (shaking occasionally). After the addition of 20 mL of water, 2.0 mL of I.S. solution<sup>1</sup> is added, mixed well and extracted for another 5 min in an ultrasonic bath. The solution is filtered through a membrane filter (0.45  $\mu$ m) into a sample vial<sup>2</sup> and diluted (1:1, v/v) with separation buffer before analysis<sup>3</sup>. This work-up serves for the indirect detection of an active myrosinase through the degradation of glucosinolates. By comparing both electropherograms (A / B), the absence of GSL peaks provides indirect evidence of enzymatic degradation. A quantitative determination of the enzyme activity was not carried out.

<sup>1</sup> Propyl 4-hydroxybenzoate (propylparaben) in water-methanol 1:1 (v/v); c= 1.5 – 2 mg/mL.

<sup>2</sup> Discard the first drops of the filtrate, alternatively centrifuge.

<sup>3</sup> Avoidance of substance losses due to precipitation in the cooled autosampler vial.