

EUROPEAN DOCTORAL SUMMER SCHOOL 2022

Virtual

 June 20-23

Theme

Curriculum for life? Unpacking the story of your (research) life

We all have a CV (Curriculum Vitae) or a Resume but what does this mean and say about us? It captures the best of us, our experiences, qualifications, achievements but it says very little about who we are, the values we bring, where we get our inspiration for research and our individual and collective potential to change and influence the world. In this online European Doctoral Summer School we will work together, collaboratively, across disciplines and institutions in an open and judgment free space to unpack our story so far and to re-calibrate and re-write our researcher narrative. We will explore what it means to be an authentic researcher, strategies for developing resilience, how our values shape our work and ambitions, and what the 'curriculum' of our life might look like in five years' time.

The four day programme includes provocation around your expectations, beliefs and will burst some myths about what it means to be a successful researcher.

Outcomes

The European Doctoral Summer School will help you to develop:

- career confidence and to refine your CV
- skills in listening, giving and receiving feedback
- online presence and skill in using social media
- your researcher narrative for use in applications for jobs, grants, and fellowships
- your leadership style and ability to network



Structure

The European Doctoral Summer School is structured in three themes:

1. TAKING STOCK - WHO AM I?

- Authentic leadership
- Boosting resilience & combating imposter syndrome
- Seeking & providing support: Self-organised peer groups

2. SKILL ENHANCEMENT - WHAT DO I DO WELL?

- Building your online presence
- Motivating others
- Project & time management

3. CAREERS - HOW DO I WANT OTHERS TO PERCEIVE ME?

- Introduction on networking
- Transferable skills
- Update your CV

Methods & requirements

All sessions are online and will be interactive. Some sessions require some pre-work to maximize the time available online and you will be supported with resources to consolidate your learning during and after the programme ends. All participants are expected to arrive ready to think, contribute, challenge and work alongside peers at the three institutions and will be asked to sign up for this as part of the application process. We will also be running a session on self-organising peer groups to provide a basis for researchers who share a common set of interests and goals to come together as a cohort. To maximize your skills development benefit and to build a cohort, we encourage you to register for workshops belonging to one of three theme categories.





June 20-23, 2022



Online



Doctoral candidates & postdocs



Registrations begin: 19 April at 19:00 (CET)
Registration deadline: 25 May at 09:00 (CET)
Cancellation deadline: 31 May



Event programme

MONDAY, JUNE 20

**10:30 - 11:00
(CET)** **Welcome to the EDSS:
Introduction from Senior Management at
three Universities**

**11:15 - 12:45
(CET)** **Networking:
How do I present myself?**

**13:15 - 14:45
(CET)** **Self-organised peer groups:
How to form & maintain them?**

**14:50 - 16:50
(CET)** **Project & time management**

TUESDAY, JUNE 21

**10:30 - 13:00
(CET)** **Morning tea/coffee +
Promoting your research using social media:
Building your online profile**

**13:30 - 17:00
(CET)** **Nurturing motivation:
How do I motivate others?**

WEDNESDAY, JUNE 22

**10:30 - 13:00
(CET)** **Update your CV**

**13:30 - 15:30
(CET)** **The inner game:
Exploring resilience, work-life
balance and beating imposter
"syndrome"**

THURSDAY, JUNE 23

**10:00 - 13:30
(CET)** **Authentic leadership:
Who you are is how you lead**

**14:00 - 17:00
(CET)** **Transferable skills:
Get a view of your own
transferable skills and be able
to present them convincingly**

Welcome to the EDSS

MONDAY, JUNE 20, 10:30 - 11:00 (CET)



Max capacity



Doctoral candidates & postdocs

Introduction from Senior Management at three Universities

The session starts at 10:30 (CET) prompt. However, we will be welcoming you into our virtual workshop space starting from 10:20 (CET).

You will receive a reminder mail including Zoom meeting details one day prior to the workshop. The idea is to allow sufficient time for technical set-up, check-ups, and troubleshooting.

We would therefore kindly like to ask you to join the Zoom waiting room at 10:20 (CET) at the latest. We apologize in advance for being unable to allow late arrivals to enter the "Networking" workshop.

MONDAY, JUNE 20, 11:15 - 12:45 (CET)



**90 participants
(30 per university)**



Doctoral candidates & postdocs

Networking

How do I present myself?

Tessa van Mourik, MSc (Maastricht)

Networking is basically nothing more than asking for help from someone you have a connection with. You connect to people on a personal level, by being curious about their life and work. Once you have a mutual connection, you might then be able to ask (or you will be asked) for help. The objective of this workshop is to remove possible thresholds, by debunking myths, providing useful facts and immediately trying out some concrete ideas. This workshop contains several short exercises, with which you directly put presented ideas into practice, while at the same time getting to know each other better. This way, you can actually start networking after the Summer School.

Note: If you want more practice, check out the workshop Transferable skills. Networking will also be a (small) part of that workshop.

Outcomes:

- ★ You will have gotten acquainted with a number of fellow summer school participants
- ★ You will know more about the fundamentals of networking
- ★ You will experience less thresholds to actually start networking



REGISTER HERE!

Self-organised peer groups

MONDAY, JUNE 20, 13:15 - 14:45 (CET)



30 participants
(10 per university)



Doctoral candidates

How to form & maintain them?

Dr Iva Ognjanovic (Münster)

You can significantly improve your doctoral research experience if you connect regularly with peers who share your interests, experiences or goals to support each other throughout your doctoral journeys. Helping each other by sharing favorite writing strategies, talking through challenges or simply lending an ear can contribute to a more positive outlook on an especially demanding and sometimes lonely experience of doctoral candidature. The goal of this session is to support doctoral candidates that are looking to establish communities of supportive peers. In this workshop, we will emphasize the process of forming self-organised peer groups and jointly pin down their essential characteristics. Participants will complete a small assignment in advance of the workshop and then engage actively with other doctoral candidates to start creating self-organised peer groups. This session is ideal both for those who want to know how to set up and maintain a self-organised peer group and for those who are keen to build long-lasting relationships of support with other Summer School participants.

Outcomes:

- ★ Get facilitation tips to create a long-lasting self-organized peer group
- ★ Define essential characteristics of self-organized peer groups
- ★ Team up with doctoral candidates who share your interests to build supportive relationships beyond the Summer School



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Project & time management

MONDAY, JUNE 20, 14:50 - 16:50 (CET)



**45 participants
(15 per university)**



Doctoral candidates & postdocs

Dr Dominika Butler, Dr Karen Clegg, Dr Marianne Wilson (York)

Project and time management are crucial skills for researchers. As a doctoral candidate you are responsible for managing your research/PhD project but may not know the best way to go about this. If you want to know more about the fundamentals of the project life cycle, how to be successful from defining to completing while managing your time effectively - this is a session for you.

Outcomes:

- ★ Understand the tools needed to identify time wasting activities and good practice in your own behaviour
- ★ Develop a personal strategy for improved time and project management
- ★ Explore how a project managerial approach can be effective in helping you take charge of your research project



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Social media

TUESDAY, JUNE 21, 10:30 - 13:00 (CET)



**60 participants
(20 per university)**



Doctoral candidates & postdocs

Promoting your research using social media: Building your online profile

Dr Marianne Wilson and Mr Stewart Barker (York)

Social media and online networking are fast becoming essential academic tools. In this session we will help you to develop your online presence and learn how to leverage online tools to support your research career and promote your work.

Outcomes:

- ★ Identify how social media can aid your research
- ★ Identify the tools and strategies available to promote your research
- ★ Understand the risks and benefits of online networking
- ★ Consider developing a plan that identifies what you want to include, where you want to create it and what resources you need



REGISTER HERE!

TUESDAY, JUNE 21, 13:30 - 17:00 (CET)



30 participants

(10 per university)



Doctoral candidates

Nurturing motivation

How do I motivate others?

Dr Viktoria Leonhard (Münster)

Motivation is the basic prerequisite for successful action. Motivated employees increase their productivity on their own initiative, contribute more and do not run the risk of quitting internally. This workshop focuses on current knowledge from motivation research and the central question of what really matters in leadership and what you should avoid at all costs. In addition, you will learn strategies and practical tips to motivate others to peak performance.

Outcomes:

- ★ You will learn how to motivate your employees to top performance
- ★ You will learn to recognise the personality types of your employees and understand which leadership style you can use to inspire each type
- ★ You will study how to communicate your messages convincingly and in a structured way
- ★ You will get concrete implementation ideas and methods for your everyday life



REGISTER HERE!

Update your CV

WEDNESDAY, JUNE 22, 10:30 - 13:00 (CET)



**30 participants
(10 per university)**



Doctoral candidates & postdocs

Ir Hanneke Wessels (Career Counselor for PhD candidates and postdocs of the Staff Career Centre at Maastricht University)

Your CV shows who you are and is in fact your business card. With a good CV you can impress a future employer and increase the chance of being invited for an interview. What is a good CV, nowadays, both in- and outside of academia? And how do you express your experience and qualities in an authentic way? During this online workshop, you will get information about updating your own CV.

Method

This is an interactive workshop, in which you are invited to not only improve your own CV, but also provide feedback on the CV's of some of your co-participants. A career counselor will also give you tailor made advice on your CV. This means that you will have to do some preparation beforehand and share your CV.

Note: Please register only if this is NOT an issue.

Outcomes:

- ★ Which information is relevant to include in a CV
- ★ The difference between an academic CV and a non-academic CV
- ★ The do's & don'ts in applying for a job in the UK, Germany and the Netherlands
- ★ How layout can strengthen content
- ★ How you can connect your (work) experience to a vacancy
- ★ How an employer or recruiter works in selecting the right candidate



REGISTER HERE!

WEDNESDAY, JUNE 22, 13:30 - 15:30 (CET)



90 participants



(30 per university)

Doctoral candidates & postdocs

The inner game

Exploring resilience, work-life balance and beating imposter "syndrome"

Dr Steve Hutchinson & Dr Karen Clegg (York)

"I have written eleven books, but each time I think, uh oh, they're going to find out now. I've run a game on everybody, and they're going to find me out." Maya Angelou (1951 – 2014) Writer, Poet, Activist

The academic community prides itself on its critical ability. But constant criticism has a cost. Moreover, research is fraught with knockbacks from journals, job applications and funding rejections. How we build confidence and retain our self-belief is pivotal to our success. Failure to do so leads to the so-called 'imposter syndrome' that talented and high-performing professionals frequently feel. And even if you're already a talented professional in your own field, as a doctoral candidate you're still new to the academic game. Furthermore, the inner-game of confidence and self-belief is essential for professional resilience and balance – since confident people typically find it easier to both say 'no' and so manage their work-life balance more healthily.

Outcomes:

- ★ Awareness of your internal narrative and the stories you tell yourself - your 'inner game'
- ★ Recognition of how and why imposter syndrome might develop
- ★ Identification of tactics for playing the 'inner game' well



REGISTER HERE!

Authentic leadership

THURSDAY, JUNE 23, 10:00 - 13:30 (CET)



39 participants
(13 per university)
Doctoral candidates

Who you are is how you lead

Dr Jan Schmidt (Münster)

What shapes your leadership style? Personality is one of the most important factors that influence a leader and the style of leading. Which is why attempts to develop a new leadership style by learning new skills and tools will not lead to a sustainable change. Leadership development goes hand in hand with personal development. This workshop will highlight the dependencies between person/personal development and leadership/leadership development and will show how young researchers can start developing as leaders.

Outcomes:

- ★ Understand the delicate link between personality and leadership style
- ★ Figure out what type of leader you are and select ways to improve your own leadership style
- ★ Creative leadership as add-on - understand its meaning and positive effect on your personality development



REGISTER HERE!

THURSDAY, JUNE 23, 14:00 - 17:00 (CET)



**24 participants
(8 per university)**



Doctoral candidates & postdocs

Transferable skills

Get a view of your own transferable skills and be able to present them convincingly

Dr Thierry Delatte & Dr Ir Ellis Vyth (Hertz, training for scientists, Maastricht)

As a PhD student or postdoc who enters the job market, you should know your own skills and should be able to communicate them. That is difficult. Most scientists can present their research and their practical skills very well, but they are less aware of the social, communication and directing skills they have. But the fact is that you have experience with completing your thesis, maybe also with applying for grants, organizing conferences and directing other co-workers. This points out to, for example, skills and characteristics needed to set up and complete complex projects, to work independently, to negotiate and collaborate with other researchers and to supervise others. You can also think of problem-solving skills and the skill to communicate research results to people outside academia.

With use of some practical exercises this workshop will make sure you get a better view on your own skills. In addition, you will be able to present them and support them with good examples during e.g. a job interview. We will also discuss if they specifically fit Academia, Industry or Government. We will also discuss networking interviews as one of the best strategies to get more information and to make yourself known to the world.

THURSDAY, JUNE 23, 14:00 - 17:00 (CET)



**24 participants
(8 per university)**



Doctoral candidates & postdocs

Transferable skills, cont.

Get a view of your own transferable skills and be able to present them convincingly

Dr Thierry Delatte & Dr Ir Ellis Vyth (Hertz, training for scientists, Maastricht)

Outcomes:

- ★ Know what transferable skills are
- ★ Know the importance of being aware of which skills you have: for yourself, for your CV, for the job interview
- ★ You will have made a start with identifying your own transferable skills
- ★ You are aware of which skills/talents are more and which are less important for your own career
- ★ You are able to translate your transferable skills into a language which a potential employer will understand
- ★ You have a better idea of the pros and cons of working in academia, industry and government
- ★ Know the do's and don'ts of networking



REGISTER HERE!

**Maastricht University
Staff Career Centre**

HR department/Maastricht University Office
www.maastrichtuniversity.nl/staff-career-center
Twitter: MaastrichtU

**University of Münster
WWU Graduate Centre**

www.uni-muenster.de/GraduateCentre/en/
Twitter: WWU_Muenster

**University of York
Building Research and Innovation Capacity (BRIC) Team**

<https://www.york.ac.uk/staff/research/training-forums/research-excellence-training-team/>
Twitter: bric_york

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**Please note that ALL inquiries
concerning your registration
should be sent to the
University of Münster,
regardless of your host
institution.**