

Abstract

Children with special educational needs (SEN) are less well accepted and integrated in comparison to their typically developing classmates. Trainings aimed at strengthening the social participation of SEN children focus on the child with SEN and thus accept the risk of stigmatization. We developed an intervention that focuses on the class as a whole, expecting that individual participation should increase in line with class cohesion. We present the intervention and its theoretical foundation – in particular an elaborated four facets model of cohesion. We report first results from an intervention study with 1065 students showing only small numerical changes in cohesion in both control and experimental group. We discuss possible explanations and give hints for further research in this field.

Stefanie van Ophuysen, Sophie Michalke & Sina Schürer

Promoting Cohesion in (Inclusive) German Primary School Classes

First Results of an Intervention Study

Theoretical Background

Inclusion

- Aim of inclusion: social participation of all children especially those with special educational needs (SEN)
- Social participation in class = work together and experience positive relations with peers
- Inclusive setting itself not sufficient to ensure social participation for all children (e.g. Huber, 2008)
- Strong differences in quality of inclusion between classes (e.g. Krull et al., 2014)
- Individual social participation succeeds better in cohesive classrooms (Schürer, 2019)

Cohesion

- „the tendency for a group to stick together and remain united in the pursuit of its instrumental objectives and / or for the satisfaction of member affective needs“ (Carron et al., 1998, S. 213)
- The combination of two perspectives (How much is the individual attracted to the group? vs. How well are the group members interconnected?) and two domains (social relations vs. group tasks / aims) results in four facets of cohesion
- No elaborated concept of cohesion in school research so far → We transferred the concept and developed a standardized questionnaire

	Social (being together with classmates)	Task (learning & working together)
Attraction to the Group	Attractive classmates and thereby desire for common activities in breaks and leisure time	Attractive group tasks and thereby desire for participation in activities during lessons
Group Integration	Perception of similarity and connectedness in relation to social extracurricular activities	Perception of similarity and connectedness in relation to task-related learning activities

Team Building

- Method „to promote a greater sense of unity and cohesiveness, and to enable the team to function together more smoothly and effectively“ (Newman, 1984, S. 27).
- Five aspects of a team building measure (Carron & Spink, 1993)
 - (1) emphasize the group's distinctiveness
 - (2) establish group norms
 - (3) strengthen the individual's position and connectedness
 - (4) foster structured communication / interaction
 - (5) claim personal sacrifices in the service of the group

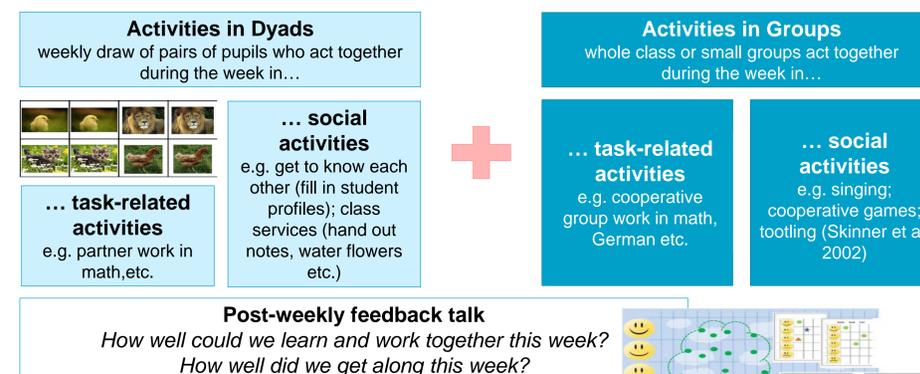
The Intervention „Strong Class“ (Starke Klasse)

Aims

- Promote cohesion in primary school classes with an intervention at group level
- Increase social participation of all students (with and without SEN)
- Avoid the risk of stigmatization

Implementation

- Further development of the Swiss “Sirius” intervention (Garrote & Dessemontet, 2015)
- Teachers received training and were familiarized with the different activities
- Default frequency for different types of activities, but free choice of specific arrangement
- Teachers implemented intervention within regular lessons



Participants

46 classes of grades 2 & 3 from 11 German primary schools
1065 students (52% female) aged 6 to 11 years (mean 7.6; sd = 0.74)

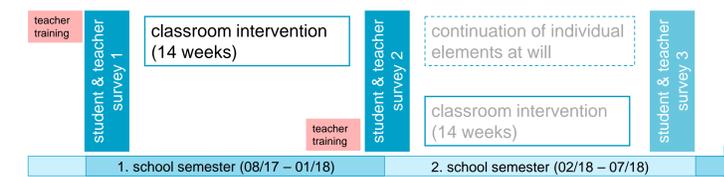
Children with...	Operationalization	Proportion
Migration Background	Non-German family language	47.7 %
Emotional and Behavioral Difficulties	Strength and Difficulties Questionnaire Teacher Version (Goodman, 1997) > 90th percentile in norm sample	10.9 %
Low School Achievement	DEMAT 1+/2+ German Test of Mathematical Performance (Krajewski et al., 2002; Krajewski et al., 2004) < 10th percentile in norm sample	23.0 %

Evaluation: Was Cohesion Promoted?

Design

experimental group
n = 25

waiting control group
n = 21



Instrument

“GruKo4” (four facets of group cohesion; Schürer et al., 2017)

	Social (being together with classmates)	Task (learning & working together)
Attraction to the Group	ATG_social: I like the kids in my class. (5 Items; $\alpha = .875$; $m = 3.41$; $sd = 0.74$)	ATG_task: I like the tasks during lessons. (5 Items; $\alpha = .774$; $m = 3.27$; $sd = 0.72$)
Group Integration	GI_social: In my class, we all stick well together. (3 Items; $\alpha = .806$; $m = 3.26$; $sd = 0.81$)	GI_task: My class is a really good learning community. (4 Items; $\alpha = .797$; $m = 3.29$; $sd = 0.76$)

Results



Further Questions

- Decrease of cohesion over time both in **experimental** and in **waiting control** group
 - Was intervention properly implemented in all classes?
→ Check qualitative data from teacher interviews and intervention diaries
 - Maybe higher sensitivity for group interactions after the intervention led to more critical evaluations of cohesion facets?
→ Check for more objective cohesion measures from sociometric data
- Has social participation of SEN-children nevertheless been improved?
Maybe the intervention did not work on group but on individual level.

Literature

Carron, A. V. & Spink, K. S. (1993). Team Building in an Exercise Setting. *The Sport Psychologist*, 7(1), 8-18. Carron, A. V., Widmeyer, N., W. & Brawley, L. R. (1985). The Development of an Instrument to Assess Cohesion in Sport Teams: The Group Environment Questionnaire. *Journal of Sport Psychology*, 7(3), 244-266. Garrote, A. & Dessemontet, R. S. (2015). Social Participation in Inclusive Classrooms. Empirical and Theoretical Foundations of an Intervention Program. *Journal of Cognitive Education and Psychology*, 14(3), 375-388. Godmann, R. (1997). The Strength and Difficulties Questionnaire: A Research Note. *Journal of Child Psychology and Psychiatry*, 38(5), 581-586. Huber, C. (2008). Jenseits des Modellversuchs: Soziale Integration von Schülern mit sonderpädagogischem Förderbedarf im Gemeinsamen Unterricht. Eine Evaluationsstudie. *Zeitschrift für Pädagogik und Psychologie bei Behinderungen*, 34(4), 2-14. Krajewski, K., Küspert, P. & Schneider, W. (2002). DEMAT 1+. Deutscher Mathematiktest für erste Klassen. Weinheim: Beltz. Krajewski, K., Liehm, S. & Schneider, W. (2004). DEMAT 2+. Deutscher Mathematiktest für zweite Klassen. Weinheim: Beltz. Krull, J., Wilbert, J. & Hennemann, T. (2014). The Social and Emotional Situation of First Graders with Classroom Behaviour Problems and Classroom Learning Difficulties in Inclusive Classes. *Learning Disabilities: A Contemporary Journal*, 12(2), 169-190. Lenhard, W. Lenhard, A. & Schneider, W. (2018). ELFE II. Ein Leseverständnistest für Erst- bis Siebtklässler – Version II. Göttinger: Hogrefe. Newman, B. (1984). Expediency as Benefactor. How Team Building Saves Time and Gets the Job Done. *Training and Development Journal*, 38, 27-30. Schürer, S. (2019). *Der Einfluss von Gruppenkohäsion auf die soziale Partizipation individueller Schülerinnen und Schüler. Eine Interventionsstudie an inklusiv unterrichtenden Grundschulen*. Unveröffentlichte Dissertation, Westfälische Wilhelms-Universität Münster. Schürer, S., Behrmann, L. & van Ophuysen, S. (2017). *Differenzierte Erfassung der Gruppenkohäsion in Schulklassen der Grundschule und der Erprobungsstufe - Validierung eines standardisierten Erhebungsinstruments*. Presentation at PAEPSY Meeting, Münster.