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**Photoshop Basics**

1. **Introduction**
   - Overview of Photoshop
   - Interface and tools

2. **Selections**
   - Marquee tools
   - Lasso tools
   - Magic Wand tool

3. **Layers**
   - Layer masks
   - Layer styles

4. **Color Correction**
   - White balance
   - Curves and histograms

5. **Masking**
   - Pen tools
   - Channels

6. **Tracking**
   - Motion tools
   - Video editing

7. **Exporting**
   - Image formats
   - Web publishing

[Diagram of Photoshop interface]

**Motion Graphics**

1. **Introduction**
   - Animation principles
   - After Effects basics

2. **2D Animation**
   - Keyframing
   - Shape layers

3. **3D Animation**
   - Camera movements
   - Light and shadow

4. **Exporting**
   - Export as QuickTime
   - Final Cut Pro integration

**References**

[References to relevant websites and resources]