

Workshop „Project Management - My Skill Profile /Stock Taking & Coaching“

Organization, coordination and effective leadership have become a must for growing in one's career, in Academia as well as in other sectors. Not only scientist's day-to-day work, but also acquiring external funding requires accurate timing, financial structuring and planning of scientific work. When scientists have little awareness of these skills, this can hinder their attitude and confidence in achieving their goals. In this workshop we will raise your self-awareness, show you how to hone these project-management related skills and enable your potential for a successful career.

In this workshop, you will

- recognize how much experience you have already gained in your life regarding project management.
- reflect upon your typical approaches, preferences, and strategies that you have applied during your previous projects.
- figure out your typical role/s in a project (i.e. expert, leader, organizer, coordinator, conflict manager, facilitator, generalist, specialist, team player etc.).
- realize your particular strengths in project work and project teams.
- learn how you can integrate your new findings into your day-to-day work and your long-term projects.
- improve your self-efficacy regarding upcoming projects.
- communicate your project management experience in application processes.

You will achieve this by

- One-to-one skill-oriented coaching supported by the trainer
- Transferring theory into practice by reflection on one's own behavior
- Design of an individual project management skill profile
- Peer-coaching with constructive feedback supported by the trainer

Introduction of Workshop Trainer Silke Oehrlein-Karpi

Dr. Silke Oehrlein-Karpi has been working as a coach and a trainer for scientists since 2008. Before becoming a coach, she led a project group for the Collaborative Research Centre 490 in Mainz. During those 10 years she worked as a biologist in the field of medical basic research and gained a lot of experience in setting up and successfully leading scientific projects. In terms of her current work, she uses her "insider knowledge" from her time in academia combined with her resource-oriented and diversity-related coaching perspective on individuals. She is a member of the Coachingnetz Wissenschaft e.V. Her group coaching workshops inspire, motivate and empower the participants in order to improve their self-efficacy regarding upcoming work situations and projects.