

› Workshop “Self-evaluation for Postdocs” for CiM postdoctoral researchers

Workshop Description:

The motives for taking a post-doc position after graduation vary greatly. Many junior scientists have clearly decided on an academic career. However, others often take a job merely because they were contacted or because they find the job interesting or even perhaps they really don't know what else to do.

As a post-doc you then realize that demanding work hours leave little time for self-reflection and that you are left alone to query questions about your future career and that it can be dangerous to think aloud about alternatives. You look enviously back on the structured graduate training and the networking opportunities you had and you desire a systematic personal development which is not usually a matter of course.

It is therefore important to analyze your own situation now and then, to check both your scientific and personal development and to assess it realistically. Looking at your track record guards you against making wrong or non-decisions and saves you from a professional dead-end.

The central module of the KEPOS offer is therefore a self-evaluation workshop. In small groups, we analyze the thus attained personal development of the participants, work out their competence profile and illustrate steps that need to be taken to start clear career planning. The workshop results are recorded and explored through orientation counseling so that the participants can draw on a list of individual specific measures. The development of realistic professional objectives and the usage of continuing education courses form a part of this plan.

Trainer: Barbara Hoffbauer, www.kepos.de

After ending her legal studies and having fully qualified as an attorney Barbara Hoffbauer has worked for over 20 years in the Human Resources management of different companies where she developed and deployed a variety of personal recruiting instruments from job interview to assessment center. Postgraduate business studies and qualifications as organization consultant, trainer and coach complement her academic background. Since 2008 she has been CEO of KEPOS GmbH based at Mannheim and has worked on behalf of non-university research centers and universities with doctoral students and postdocs in the field of life science and others on questions regarding their professional orientation and their career objectives. She trains groups in the development of personal career goals and in all phases of the application process. Moreover, she advises experienced scientists at the transition into alternative careers outside academia. Beside her legal expertise in employment and academic law she is well-versed in the conception and execution of workshops and in the professional use of counseling and coaching tools.

Date: 03.08 (9 am – 5 pm) + 04.08.2017 (one hour private counselling)

Location: Institute of Physiological Chemistry and Pathobiochemistry, Waldeyerstraße 15, 48149 Münster (Library, 2nd floor)