Universität Münster

Going Abroad with an Internship

Contact Point Careers Service

Dr. Christiane Stroth



Career Service
Universität Münster

wissen.leben

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Your Questions on the Topic of Internships …

Would I like to do an internship in Germany or abroad?

Where can I find suitable employers or internships?



Which professional fields match my profile?

How do I apply for an internship?



What are my goals for an internship?

How can I finance an internship?

… you do not have to answer alone!

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You can get support…

… by the Careers Service:





pexels

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„Hinterm Horizont“

Blog „Behind The Horizon“

- More than 1400 blog posts
- From 70 countries

Networking and mutual inspiration!



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Online Self Learning Course

Applying for jobs and internships in Ulysseus countries



- Identify the most popular job/internship search strategies through short videos and other learning resources
- Tailor CVs and cover letters to local customs using interactive exercises
- Prepare for interviews and professional networking with checklists
- Check resources to prepare your stay – e.g. housing, student communities

Register anytime, no participant limit

Questions? Help?
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Ulysseus EUROPEAN UNIVERSITY

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Interdisciplinary Workshops

- One-day preparatory workshops: “A.2.xx Internship Abroad”
- Peer-to-peer Meetings: “A.2.xxInternational Coffee Break”
- Seminars on various topics:
  - “Job Application Training : Traditional & AI-optimised”
  - Future Skills
  - Employer Contacs
  - …
- E-Learning Course: “A.2.xx Internship Orientation Guide: The E-Learning Unit”



Information and registration:

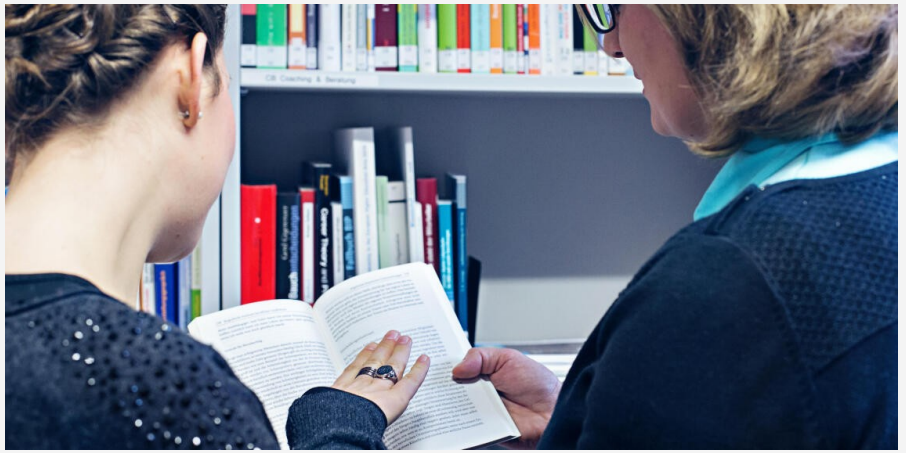
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One-to-one Counselling

- Career orientation
- Strategies for researching occupational fields
- Application documents checkup
- Application documents checkup (English)
- Career prospects with and without a degree





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Internship Financing for Internships ABROAD

Application, selection process and support at the Careers Service

ERASMUS+

Stipendien-Programm der EU für Praktika im europäischen Ausland

PROMOS

Stipendien-Programm des DAAD für Auslandspraktika

Erasmus+ Internship Funding

- Degree-Seeking students (enrolled at the University of Münster) and graduates (Erasmus+ application when being enrolled, internship within 1 year after graduation)
- Study-related full-time internships within the EU (= Erasmus+ program countries, not Germany)
- Destination country must not be the country of residence during the course of study
- Internship has to be on site in the host country, no virtual internships from Germany
- Compulsory and voluntary internships
- Minimum duration: 60 days (→ Erasmus+ counting = 2 full months!)
- Multiple funding for studies and internships: up to 12 months for Bachelor's and Master's programme (or 24 months for medicine, etc.)
- Internships in companies, schools, research institutions, public institutions (not EU-institutions!), …



Quelle: unsplash

Erasmus+ Internship Funding

Funding is country-specific: 690-750€ per month

+ Special Grants and Subsidies

- for “Green Travel“ and “Standard Travel”
- for students with disabilities or chronic illness
- for students with children
- for students from non-academic families
- for students in employment

Funding can be combined with BAföG



Quelle: unsplash

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Erasmus+ Internship Funding

- Information and online application form on the Careers Service website
- Deadline: **One month before the start of the internship** (Contact us in a timely manner if you have difficulties meeting the deadline!)
- Additional rules effective November 2026:
  - Maximum funding period of 6 months
  - No funding available for internships with a gross monthly salary of 1,500 € or more
  - Compulsory workshop participation before the internship



Quelle: unsplash

PROMOS Internship Funding

DAAD program for internships outside Erasmus+ program countries

- Degree-Seeking students (enrolled at the University of Münster), no graduates, no PhD students
- Internship has to be on site in the host country (= no virtual internships from Germany), no internships in home countries
- Study-related full-time internships
- Compulsory and voluntary internships
- Duration of intership: 6 weeks - 6 months
- Language skills have to be proven
- There must be no (partial) travel warning for the destination country (or region).
- Funding is country specific (350 – 550 € per month, maximum 2 or 3 months funded!)
- Can be combined with BAföG



Quelle: unsplash

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PROMOS Internship Funding

DAAD program for internships outside Erasmus+ program countries

- Information and online application form on the Careers Service website
- 4 application deadlines per year (November 30th for internships starting in January, ...)
- Selection criteria: Grade (in average), letter of motivation (!), language skills, secondary criteria



Quelle: unsplash

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Contact – Internship Financing

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https://www.uni-muenster.de/CareerService/beratung/praktika/beratung-praktikumsfinanzierung.html

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