

# **Going Abroad with an Internship**

**Contact Point Careers Service** 

Dr. Christiane Stroth









### **Your Questions on the Topic of Internships**

Would I like to do an internship in Germany or abroad?

Which professional fields match my profile?

What are my goals for an internship?



Where can I find suitable employers or internships?

How do I apply for an internship?

How can I finance an internship?





#### Offers at the Careers Service

#### **Topic Internship**

- Preparatory workshops
- Individual consultations
- Network meeting (11.12.2023, 15:15)
- Online exchange during the time abroad

#### **Interdisciplinary skills and other topics**

#### A.2 Praktika

- ① A.2.1 Ins Ausland mit Praktikum oder Studium
- ① A.2.2 Stichwort Praktikum: Planung, Gestaltung, Reflexion (2 LP)
- (2 Stempel)
- A.2.4 Ins Ausland mit Praktikum oder Studium
- ① A.2.5 Internationale Kaffeepause: Netzwerk Auslandspraktika (2 Stempel)
- (2 LP)
- A.2.7 Working abroad: Nach der Rückkehr (8 Stempel)
- A.2.8 Ins Ausland mit Praktikum oder Studium
- A.2.9 Wie läuft's? Online-Austausch für Auslandspraktikant\*innen (2 Stempel)
- ① A.2.10 The Internship as initial guide: The E-Learning-Unit (2 LP)
- A.2.11 Orientierungshilfe Praktikum: Die E-Learning-Einheit (2-10 LP)





## **Internship Financing**

- Self-financing, employer financing, scholarships/grants
- Scholarships via the Careers Service of the University of Münster: Application, selection process and support at the Careers Service

# **ERASMUS**<sup>+</sup>

Stipendien-Programm der EU für Praktika im europäischen Ausland

# **PROMOS**

Stipendien-Programm des DAAD für Auslandspraktika





### **Erasmus+ Internship Funding**

- Study-related full-time internship within the EU (Erasmus+-program countries)
- Internship on site in the host country, no virtual internships from Germany
- Degree-Seeking students (residence in Germany) and graduates (application during enrollment, internship within 1 year):
- Compulsory and voluntary internships
- Minimum duration: 60 days (= 2 full months!)
- Multiple funding for studies and internships: up to 12 months for Bachelor's and Master's programme (or 24 months for medicine, etc.)
- Internships in companies, schools, institutions (non-EU institutions!)
- Can be combined with BAföG abroad
- Funding is country-specific: 640-750€ per month



Quelle: unsplash





### **Erasmus+ Internship Funding**

#### **Special Grants and Subsidies**

- for "green travel"
- for students with disabilities (degree of disability at least 20, chronic illness)
- for students with children
- for students from non-academic families
- for students in employment



Quelle: unsplash





### **Erasmus+ Internship Funding**

- Information and online application form on the Careers Service website (<u>www.uni-muenster.de/CareerService/praktika/finanzierung/erasmus.html</u>)
- To be uploaded during application: Semester certificate, letter of motivation, learning agreement between you and the employer and the department → Timing!
- Deadline: One month before the start of the internship (Contact us in a timely manner if you have difficulties meeting the deadline!)
- Changes during the internship: Inform us as early as possible!
- After the internship: Final documents must be submitted to the Careers Service! Recognition via department and Examination Office, appendix to the Diploma Supplement via the Careers Service





## **PROMOS** Internship Financing

- DAAD program for internships outside Erasmus+ program countries
- Duration of interships: 6 weeks 6 months
- Compulsory and voluntary internships
- Degree-Seeking students (with residence in Germany), no internships in home countries
- Funding is country specific (usually travelling subsidy)
- 4 application deadlines per year (November 30th for internships starting in January, ...)



- Merit-based scholarship, selection criteria: Grade (in average), letter of motivation (!), language skills
- http://www.uni-muenster.de/CareerService/infos/praktika/finanzierung/promos.html



Quelle: unsplash





#### "Hinterm Horizont"

#### **Blog "Behind The Horizon"**

- More than 1100 blog posts
- From 60 countries

#### **Networking and mutual inspiration!**









## **Consulting and Contact – Internship Financing**

#### **Dr. Christiane Stroth & Nele Demedts**

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https://www.uni-muenster.de/CareerService/beratung/praktika/beratung-praktikumsfinanzierung.html









### **Consulting and Contact – Internships**

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### **Questions**

- → Now?!
- → Check our website
- → Make an appointment

