

<b>Title of Module (English):</b>	Sport Psychology
<b>Title of Module (German):</b>	Sportpsychologie
<b>Degree Programme:</b>	Bachelor of Science "Human Movement in Sports and Exercise"

<b>1</b>	<b>Module Number:</b> 8	<b>Status:</b> <input checked="" type="checkbox"/> Mandatory Module <input type="checkbox"/> Elective Module
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<b>2</b>	<b>Frequency:</b> <input checked="" type="checkbox"/> Every semester <input type="checkbox"/> Every winter semester <input type="checkbox"/> Every summer semester	<b>Duration:</b> <input type="checkbox"/> 1 semester <input checked="" type="checkbox"/> 2 semesters	<b>Semester:</b> 3-4	<b>CP:</b> 12	<b>Workload (h):</b> 360
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<b>3</b>	<b>Module Structure:</b>						
	No.	Type	Course	Status (mandatory/ elective)	CP	Attendance (h + SWS <sup>15</sup> )	Individual Study Time (h)
	1	S	Social Influence on Performance and Decisions	<input checked="" type="checkbox"/> m <input type="checkbox"/> e	3	30 (2 SWS)	60
	2	S	Perception and Attention	<input checked="" type="checkbox"/> m <input type="checkbox"/> e	3	30 (2 SWS)	60
	3	S	Motivation and Emotion	<input checked="" type="checkbox"/> m <input type="checkbox"/> e	3	30 (2 SWS)	60
	4	S	Motor Learning and Psychological Training	<input checked="" type="checkbox"/> m <input type="checkbox"/> e	3	30 (2 SWS)	60

<b>4</b>	<b>Content of Module:</b> Basic concepts and current research findings in the area of sport psychology are discussed in four different seminars. One key topic in the "Social Influence on Performance and Decisions" course are common errors in decision making as well as referee decisions. The course "Perception and Attention" deals with anticipatory skills, attention, and performance; paradigms such as eye tracking and temporal/spatial occlusion; as well as the development of expertise. The course "Motivation and Emotion" highlights how sport performance is affected by pressure and anxiety. "Motor Learning and Psychological Training" deals with aspects of motor development as well as motor learning for elite sport performance.
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<b>5</b>	<b>Learning Outcomes:</b> Students have acquired basic research skills in the first semesters (M1 + M4) and are now better able to perform a critical assessment of the literature in a field through their acquaintance with actual research practice. Apart from a basic understanding of the main topics in sport psychology, the students learn to analyse and evaluate the relevant body of research and discuss the findings from a critical perspective.
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<b>6</b>	<b>Options within the Module:</b> None
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<b>7</b>	<b>Type of Examination:</b> <input checked="" type="checkbox"/> Final Module Examination <input type="checkbox"/> Module Examination <input type="checkbox"/> Component Examinations
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<b>8</b>	<b>Degree-Relevant Examination(s):</b>		
	Number and form (e.g. written examination, oral examination); assigned to course no. <sup>16</sup> :	Duration or length	Weighting of grade for module grade in %
	Written Examination	60 Min.	100%

<b>9</b>	<b>Required Coursework:</b>
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<sup>15</sup> SWS (Semesterwochenstunden) = hours of instruction per week

<sup>16</sup> Not applicable to final module examination

	Number and form; assigned to course no.:	Duration or length
	Short and extensive coursework is necessary for the preparation, realization, and post-processing of courses. Short and extensive coursework include e.g. protocols (approx. 1–2 pages) and written/oral assignments (approx. 10 pages/10–15 minutes), respectively. The type of coursework will be announced at the beginning of the course. Duration and extent of coursework will be oriented towards the underlying workload.	
<b>10</b>	<b>Requirements for Obtaining Credits (CP):</b> The credit points of the module are awarded when the entire module has been completed successfully, i.e. the degree relevant Examination and the required coursework.	
<b>11</b>	<b>Weighting of Module Grade in Calculation of Final Overall Grade:</b> 10%	
<b>12</b>	<b>Admission to Module:</b> Successful completion of M1 and M2 is strongly recommended, but is not mandatory	
<b>13</b>	<b>Attendance:</b> In all courses, 100% participation is recommended. 80% attendance is mandatory because students need to be guided on an interactive basis to acquire the extensive knowledge and competencies within this module.	
<b>14</b>	<b>This Module is also an Element of the Following Degree Programmes:</b> --	
<b>15</b>	<b>Module Coordinator:</b> Prof. Dr. B. Strauss	<b>Faculty:</b> FB07
<b>16</b>	<b>Additional Information:</b> All seminars are in English. All reading and writing assignments will be in English, as well as all exams and presentations.	