

<b>Title of Module (English):</b>	Professional Acting in Health Sports
<b>Title of Module (German):</b>	Handlungskompetenz im Gesundheitssport
<b>Degree Programme:</b>	Bachelor of Science "Human Movement in Sports and Exercise"

<b>1</b>	<b>Module Number:</b> 11	<b>Status:</b> <input checked="" type="checkbox"/> Mandatory Module <input type="checkbox"/> Elective Module
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<b>2</b>	<b>Frequency:</b> <input checked="" type="checkbox"/> Every semester <input type="checkbox"/> Every winter semester <input type="checkbox"/> Every summer semester	<b>Duration:</b> <input type="checkbox"/> 1 semester <input checked="" type="checkbox"/> 2 semesters	<b>Semester:</b> 4-6	<b>CP:</b> 10	<b>Workload (h):</b> 300
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<b>3</b>	<b>Module Structure:</b>						
	No.	Type	Course	Status (mandatory/ elective)	CP	Attendance (h + SWS <sup>21</sup> )	Individual Study Time (h)
	1	S	Physical Training in Health Groups (total of 5 courses)	<input checked="" type="checkbox"/> m <input type="checkbox"/> e	10	150 (2SWS)	150

<b>4</b>	<p><b>Content of Module:</b></p> <p>The focus of this module is on imparting practical knowledge in different settings within health sports. Students already know fundamental aspects of guiding, controlling, and evaluating physical training in elite sport and health groups (Module 3). All courses impart concepts within prevention and rehabilitation by means of physical activity and physical training with different clients (e.g. orthopaedics, traumatology, internal medicine such as strokes, neurology, psychosomatics, psychiatry, etc.). Courses may include, but are not limited to, training with stroke and dementia patients and physical training in health groups (e.g. fall prevention in the elderly, core training over the lifespan etc.).</p>
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<b>5</b>	<p><b>Learning Outcomes:</b></p> <p>The students know the contents of preventive and rehabilitative physical training. They are able to plan, instruct, analyse, and reflect on their acting according to the health level of the respective clients. Additionally, they know which organizational measures need to be taken to plan training interventions. They recognize potential risks and ensure appropriate safety measures in implementations of training lessons. Self-acting is an important aspect of reflection. Students will also be able to demonstrate exercises properly and should feel confident to run an intervention autonomously.</p>
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<b>6</b>	<p><b>Options within the Module:</b></p> <p>At least two seminars will be offered per semester. Courses can be chosen freely from the available course offer.</p>
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<b>7</b>	<p><b>Type of Examination:</b></p> <p><input checked="" type="checkbox"/> Final Module Examination <input type="checkbox"/> Module Examination <input type="checkbox"/> Component Examinations</p>
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<b>8</b>	<b>Degree-Relevant Examination(s):</b>		
	Number and form (e.g. written examination, oral examination); assigned to course no. <sup>22</sup> :	Duration or length	Weighting of grade for module grade in %
	Reflective paper	5 pages	100%

<b>9</b>	<b>Required Coursework:</b>
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<sup>21</sup> SWS (Semesterwochenstunden) = hours of instruction per week

<sup>22</sup> Not applicable to final module examination

	Number and form; assigned to course no.:	Duration or length
	Short and extensive coursework is necessary for the preparation, realization, and post-processing of courses. Short and extensive coursework includes e.g. protocols (approx. 1–2 pages) and written/oral assignments (approx. 10 pages/10–15 minutes), respectively. The type of coursework will be announced at the beginning of the course. Duration and extent of coursework will be oriented towards the underlying workload.	
<b>10</b>	<b>Requirements for Obtaining Credits (CP):</b> The credit points of the module are awarded when the all the necessary coursework has been completed successfully.	
<b>11</b>	<b>Weighting of Module Grade in Calculation of Final Overall Grade:</b> 0%	
<b>12</b>	<b>Admission to Module:</b> Successful completion of Seminar S1 of Module 3 is recommended.	
<b>13</b>	<b>Attendance:</b> In all courses, 100% participation is recommended. 80% attendance in the five courses is mandatory because practical performance and real-world experience are necessary to ensure continuous improvement.	
<b>14</b>	<b>This Module is also an Element of the Following Degree Programmes:</b> --	
<b>15</b>	<b>Module Coordinator:</b> Prof. Dr. E. Eils	<b>Faculty:</b> FB07
<b>16</b>	<b>Additional Information:</b> --	