- 270,000 inhabitants
- Almost 50,000 students at eight institutions of higher learning
- The academic and service centre of a region with over 1.5 million inhabitants
- A research location for cutting-edge technologies such as nano- and biotechnology
Münster as a City with a long history

- Over 1,200 years of history
- The city where the Peace of Westphalia was signed in 1648
- Over 90 per cent of Münster’s Old Town was destroyed during World War II
- Historical reconstruction
A University with a Long History

- 1780: The foundation of the University
- 1818: The University was devoted to an Academy of Philosophy and Theology.
- 1902: Thanks to Kaiser Wilhelm II, the establishment recovered full university status.
- 1980: The integration of the Teacher Training College
- Today about 38,000 students
- Germany’s third biggest university
- Ranking 7th among German universities
A Host of International Sport Events

- Giro d’Italia
- Grand Pris Horse Riding
- Dressage & Show-Jumping
- Womens Volleyball
- Trampolin
- Gymnastics
Institute of Sport and Exercise Sciences
Institute of Sport and Exercise Sciences

The mission of the Institute for Sport and Exercise Sciences is to strive for **excellence in teaching and research**. Within the University of Münster, sport science is considered to represent one of the most ambitious and prolific disciplines.

**Body and mind in motion**
The institute is dedicated to particularly high standards of practical and theoretical education.

Our students are trained to provide good physical education in diverse settings and are given insights in the state of the art research in sport science.
Working hard to study in Münster: Aptitude Test Impressions

Future PE teachers in Germany have to pass a mandatory aptitude test.

Each June, excellent conditions in Münster inspire several hundred high-school graduates to give their best in order to become accepted for a course of study.
Courses of Study

Bachelor Degree Course
Our Bachelor degree mainly teaches students in educational work with children and adolescents. The aim is to develop educational skills in occupational and general studies. Most of our students get their bachelor degree in two fields of study. Currently we are working on a new Bachelor of Science (Human Movement in Sports & Exercise).

Master of Education (M.Ed.)
The current Master degree focuses exclusively on the training of teachers for physical education in Germany. At the moment the institute does not offer any other M.A. or M.Sc. programs in sport.
Prof. Dr. Nils Neuber
Physical Education and Teaching Research

Prof. Dr. Michael Krüger
Sport Pedagogy and Sport History

Prof. Dr. Henk Erik Meier
Social Sciences of Sports

Prof. Dr. Miriam Seyda
Movement, Game and Sport in Childhood

Prof. Dr. Bernd Strauß
Sport Psychology

Prof. Dr. Heiko Wagner
Biomechanics and Motor Control

Prof. Dr. Karen Zentgraf
Human Performance and Training in Sport

Prof. Dr. Klaus Völker
Sports Medicine
Senior-Professor

Prof. Dr. Roland Naul

*European Studies in Physical Education and Youth Sport*“

Extraordinary Professor

Prof. Dr. Eric Eils

*Department of Human Performance and Training in Sport*

Prof. Dr. Maike Tietjens

*Department of Sport Psychology*

Associative Member

Prof. Dr. Stefan-Martin Brand
From 01.03.2014
Director of the Institute of Sports Medicine
Research Areas

- Education
- Expertise
- Health
Research Areas: Education

Research in education addresses the normative foundations of sport pedagogy and the empirical validity of claims about its effects. The Department of Physical Education and Teaching Research focuses on empirical research on education and teaching in school and non-school sport settings. The Department of Sport Pedagogy and Sport History pursues an anthropological and historical approach to education research. The Department of Social Sciences studies the embeddedness of sport and education in sport in a broader social context.
Research Areas: Expertise

Research in expertise studies the psychological and physical conditions top athletic sport and potential for performance improvements by means of training. Research is mainly conducted by the Departments of Sport Psychology, Human Performance and Training in Sport, Biomechanics and Motor Control and Sport Medicine and relies on experimental methods and complex statistical procedures.

E.g. studies using the temporal Occlusion paradigm

E.g. Eye tracking studies for sport specific decision making

name: Prof. Dr. Maike Tietjens & Dr. Linda Schücker
Lack of physical activity and malnutrition represent major ‘civilization diseases’. Understood as systematic approach for prevention, therapy and rehabilitation, physical exercise offers unique prospects for addressing these modern health problems. Several departments are involved in research on these cross-sectional questions. For example, the Department Biomechanics and Motor Control cooperates with external partners in developing preventive diagnostics for chronic non-specific back pain. The Department for Sport Medicine addresses dose responses of exercise and sport on the musculoskeletal, cardiovascular and immune systems as well as on metabolism. The Department of Sport Psychology examines psychological conditions of accidents in school sports.
The Sport Facilities

The institute possesses a number of high quality sport facilities and is working hard to further improve its infrastructure for its students.
The Research Facilities

Since 2010, when the motion laboratory was built, the institute has state of the art research facilities at command. The well-equipped motion laboratory provides excellent opportunities for conducting experimental studies in sport and exercise.
Cooperation

name: Prof. Dr. Maike Tietjens & Dr. Linda Schücker
Events

- Boys Boys Boys Boys--Day
- GirlsPlay
- Ballsport 2012
- Boys-Day
- sport.lernen
International institutionell Exchange

Belgien
Liège www.ulg.ac.be
England
Greenwich University http://www2.gre.ac.uk/
Frankreich
Orsay Cedex www.u-psud.fr/fr/index.html
Toulouse www.ups-tlse.fr
Korea
Youngsan University http://www.yusu.ac.kr/eng/01_wel/index.asp
Niederlande
Amsterdam http://www.fbw.vu.nl/en/
Norwegen
Alta www.hifm.no
Trondheim www.ntnu.no/english
Österreich
Graz www.kfunigraz.ac.at
Wien www.univie.ac.at
Polen
Danzig www.awf.gda.pl
Poznan (ERASMUS-Staff-Exchange) http://amu.edu.pl/en/
Portugal
Lissabon www.ul.pt
Schweiz
Basel www.unibas.ch/
Bern (Informationen der Universität hier als pdf) www.unibe.ch/
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Afghanistan
Herad
Brasilien
Universität von Pernambuco
Australien
Swinburn University (Melbourne)

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Do not hesitate to contact our international coordinators!

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