

Power Fitness – Sommersemester 2011 (11.04.-15.07.2011)				
Mo	17:00-18:00	HO HH T1/T2	A/F	Rainer
Mo	17:30-18:30	SCH SH	A	Julia B.
Mo	18:30-20:00	SCH SH	A/F	Thomas
Di	16:00-17:00	HO HH T2/T3	A/F	Julia L.
Di	17:00-18:00	HO HH T2/T3	A/F	Kerstin
Di	18:00-19:00	FL SH	A	Svenja, Verena
Di	19:00-20:00	FL SH	A/F	Verena
Di	16:15-17:15	SCH SH	A/F	Carina
Di	17:15-18:30	SCH SH	A/F	Anne
Di	18:30-20:00	SCH SH	A/F	Andreas
Mi	16:00-17:00	FL SH	A/F	Verena, Maria
Mi	17:00-18:15	SCH SH	A/F	Svenja
Mi	18:15-19:30	SCH SH	A/F	Nina
Mi	19:30-20:45	SCH SH	A/F	Lena
Mi	20:45-22:00	SCH SH	A	Katharina L.
Do	16:30-17:45	SCH SH	A/F	Verena
Do	17:45-19:00	SCH SH	A/F	Solveig
Do	19:00-20:00	SCH SH	A	Carolin
Fr	18:15-19:30	HO HH T1/T2/T3	A/F	Maria
Fr	17:00-18:30	SCH SH	A/F	Katharina D.
Fr	18:30-19:30	SCH SH	A	Julia L.
Fr	19:30-20:45	SCH SH	A/F	Katharina L., Lena
Sa	17:15-18:30	SCH SH	A/F	Nina, Lena
Sa	18:30-19:45	SCH SH	A/F	Verena, Katharina D.
So	17:30-18:45	SCH SH	A/F	Katrin St., Julia L.
So	18:45-20:00	SCH SH	A/F	Nina, Svenja
So	17:15-18:15	SCG	A	Kathrin K.
So	18:15-19:30	SCG	A/F	Anne
So	19:30-21:00	SCG	A/F	Melanie

HO HH: Horstmarer Landweg, Haupthalle
SCH SH: Sporthalle Scharnhorststraße
FL SH: Sporthalle Fliednerstraße
SCG: Sporthalle Schillergymnasium
A/F: Anfänger/Fortgeschrittene