

## Official Agenda

**PhysAgeNet Evidence-based physical activity in old age  
Title: From narrative to systematic living review – A training school**

**Dates: May 30,31, June 1<sup>st</sup>**

**Venue: Tony Resort Lithuania,**

**Address: Anupriskiu village 2, Anupriskes, Trakai county, Lithuania, 21100**

<https://liedm.zoom.us/j/85480823111> (Discussions, all 3 days)

<https://www.youtube.com/watch?v=QaVHORZeQWk> (Livestream 1, 30/05)

<https://www.youtube.com/watch?v=BvH8WLCrIRI> (Livestream 2, 31/05)

<https://www.youtube.com/watch?v=EjtxJ411uvA> (Livestream 3, 01/06)

\***Green:** Trainer is present on-site; presentation will be hybrid or online (practical workshops)

\***Blue:** Trainer is present on-line

\* **Dinner/ Breakfast** Paid by the participants as part of Daily Allowance

\* **Activities:** Free of charge for the participants

\* **OESZ:** Time in Lithuania

Date	Programme	Leader/Lecturer
<b>Tues. May 30</b>		
<b>07:30 – 08:20 OESZ</b> 06:30 – 07:20 CET	<b>Breakfast</b>	
<b>08:20 – 08:30 OESZ</b> 07:20 – 07:30 CET	Official Welcome	Yael Netz, Prof.
<b>08:30 – 10:00 OESZ</b> 07:30 – 09:00 CET	Overview of reviews: narrative, scoping, systematic & meta-analysis	Bettina Wollesen, Prof.
<b>10:00 – 10:15 OESZ</b> 09:00 – 09:15 CET	<b>Coffee break &amp; Take a walk</b>	
<b>10:15 – 11:45 OESZ</b> 09:15 – 10:45 CET	Data analyses techniques – from summary tables to various meta-analyses techniques	Bettina Wollesen, Prof.
<b>11:45 – 13:15 OESZ</b> 10:45 – 12:15 CET	GRADE - grading the quality of evidence; developing and presenting summaries of evidence	Giorgos Sakkas, Prof.
<b>13:15 – 14:15 OESZ</b> 12:15 – 13:15 CET	<b>Lunch</b>	

<b>14:15 – 15:45 OESZ</b> 13:15 – 14:45 CET	Practical Workshops in groups: Breakout room 1: Rayyan Breakout room 2: RedCap Breakout room 3: Hands on meta-analyses “Network analyses and moderator analyses”	1: Rafał Stemplewski, Prof. 2: Michel Audiffren, Prof. 3: Hannes Baumann, PhD
<b>15:45 – 16:00 OESZ</b> 14:45 – 15:00 CET	<b>Coffee break</b>	
<b>16:00 – 19:00 OESZ</b> 15:00 – 18:00 CET	<b>Golf</b>	
<b>20:00 – 22:00 OESZ</b> 19:00 – 21:00 CET	<b>Dinner</b>	
<b>Wed. May 31</b>		
<b>07:30 – 08:30 OESZ</b> 06:30 – 07:30 CET	<b>Breakfast</b>	
<b>08:30 – 10:00 OESZ</b> 08:30 – 09:00 CET	Living systematic reviews	Claire Iannuzzi, MSc.
<b>10:00 – 10:15 OESZ</b> 09:00 – 09:15 CET	<b>Coffee break &amp; Take a walk</b>	
<b>10:15 – 11:45 OESZ</b> 09:15 – 10:45 CET	Publishing with Cochrane	Nicole Skoetz, Prof.
<b>11:45 – 13:15 OESZ</b> 10:45 – 12:15 CET	Data collection organization/metadata and (open) data repositories	Ioanna Zorba (Zormpa), PhD
<b>13:15 – 14:30 OESZ</b> 12:15 – 13:30 CET	<b>Lunch</b>	
<b>14:30 – 16:00 OESZ</b> 13:30 – 15:00 CET	Practical Workshops in groups: Breakout room 1: Rayyan Breakout room 2: RedCap Breakout room 3: Hands on meta-analyses “Network analyses and moderator analyses”	1: Rafał Stemplewski, Prof. 2: Michel Audiffren, Prof. 3: Hannes Baumann, PhD
<b>16:00 – 16:30 OESZ</b> 15:00 – 15:30 CET	<b>Coffee break</b>	
<b>16:30 – 18:00 OESZ</b> 15:30 – 17:00 CET	<b>Hiking in swamp/beach volleyball</b>	
<b>18:00 – 19:30 OESZ</b> 17:00 – 18:30 CET	<b>Sauna</b>	
<b>20:00 – 22:00 OESZ</b> 19:00 – 21:00 CET	<b>Dinner</b>	

Thurs. June 1 <sup>st</sup>		
<b>07:30 – 08:30 OESZ</b> 06:30 – 07:30 CET	<b>Breakfast</b>	
<b>08:30 – 10:00 OESZ</b> 07:30 – 09:00 CET	Practical Workshops in groups: Breakout room 1: Rayyan Breakout room 2: RedCap Breakout room 3: Hands on meta-analyses “Network analyses and moderator analyses”	1: Rafał Stemplewski, Prof. 2: Michel Audiffren, Prof. 3: Hannes Baumann, PhD
<b>10:00 – 10:15 OESZ</b> 09:00 – 09:15 CET	<b>Coffee break &amp; Take a walk</b>	
<b>10:15 – 11:45 OESZ</b> 09:15 – 10:45 CET	Advanced meta-analyses: MASEM	Suzanne Jak, Prof.
<b>Thurs June 1<sup>st</sup> afternoon</b>	<b>Departure to Vilnius</b>	